
AUGUST 2015
seventeen
Find Friendships That Last
By Tyler Oakley
Easiest Workout Ever!
SHAY Mitchell
"You have to love yourself before anybody else can"
DIY SKIN FIXES
p.56
REAL GIRL STORY
My Life With a Transgender Dad
Perfect Jeans You'll Want To Live In
(TRUST!)


ATTRACTION
IS ON
2 STEPS
TO TOTAL
GEL ENVY
"IT TAKES JUST AN
INSTANT FOR HANDS
TO TOUCH AND HEARTS
TO FALL IN LOVE."
J. LUKE, WRITER
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OLIVIA WILDE WEARS WILD CARD.
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COAT Barbara Bui, barbarabui.com.
TOP Jeremy Scott, jeremyscott.com.
JEANS Denim & Supply Ralph Lauren, denimandsupply.com.
EARRINGS Jack Vartanian, jackvartanian.com.
RING Uribe, Nordstrom.
SHOES Aperlai, cliquechic.com.


"LOVE IS AN IRRESISTIBLE DESIRE
TO BE IRRESISTIBLY DESIRED."
ROBERT FROST, POET
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OLIVIA WILDE WEARS DESERT DAZZLE.
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DRESS M Missoni, M Missoni boutiques. *EARRINGS* (worn throughout), Shay's own. *SILVER CHOKER* Arme de L'Amour, armedelamour.com. *GOLD CHOKER AND RING* Uncommon Matters, thecorner.com. *LONG NECKLACE* Meadowlark, meadowlarkjewellery.com. *BRACELET* WXYZ Jewelry, wxyzjewelry.com.


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YOU LOOKING AT ME,
THEN YOU SMILE
AND LOOK AWAY."
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seventeen
"I love women, and I feel like we should empower one another."
TOP Aéropostale, aeropostale.com.
PANTS Karen Walker, karenwalker.com.
EARRINGS Beaufille, jonathanandolivia.com.
NECKLACE Meadowlark, meadowlarkjewellery.com.
SILVER BRACELET WXYZJewelry, wxyzjewelry.com.
GOLD BRACELET Uncommon Matters, thecorner.com.
RING A Peace Treaty, apeacetreaty.com.






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Revlon PhotoReady Insta-Fix™ Makeup features Light-Filtering Technology that delivers instantly perfected, retouched skin for a flawless selfie with your crush.

FOR BEST RESULTS

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9 High Resolution shades to love

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FOR BEST RESULTS

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38 Brilliant shades to love

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EYES TO BE DESIRED

REVLON PHOTOREADY EYE ART™ LID+LINE+LASH

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Create a dazzling date-night eye look with the intensely pigmented cream shadow and brilliant sparkle found in **Revlon PhotoReady Eye Art™ Lid+Line+Lash**.

FOR BEST RESULTS

- Cover lids with cream shadow and let dry
- Apply **Revlon PhotoReady Kajal™ Matte Eye Pencil** to lash-line and inner rim
- Use slim brush applicator to add sparkle to lids, as a liner or on tips of lashes



10 Mesmerizing shadow duos to love

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IRRESISTIBLE LIPS

REVLON ULTRA HD™ LIPSTICK

WHY YOU'LL LOVE IT FOR DATE NIGHT

Perfect your pout for a date night with your crush with **Revlon Ultra HD™ Lipstick**. Wax-free gel technology delivers bold, lightweight color in one smooth swipe.

FOR BEST RESULTS

- Apply directly to lips for full coverage in one coat
- Try **HD Orchid** or **HD Hibiscus** for a pretty pop of color

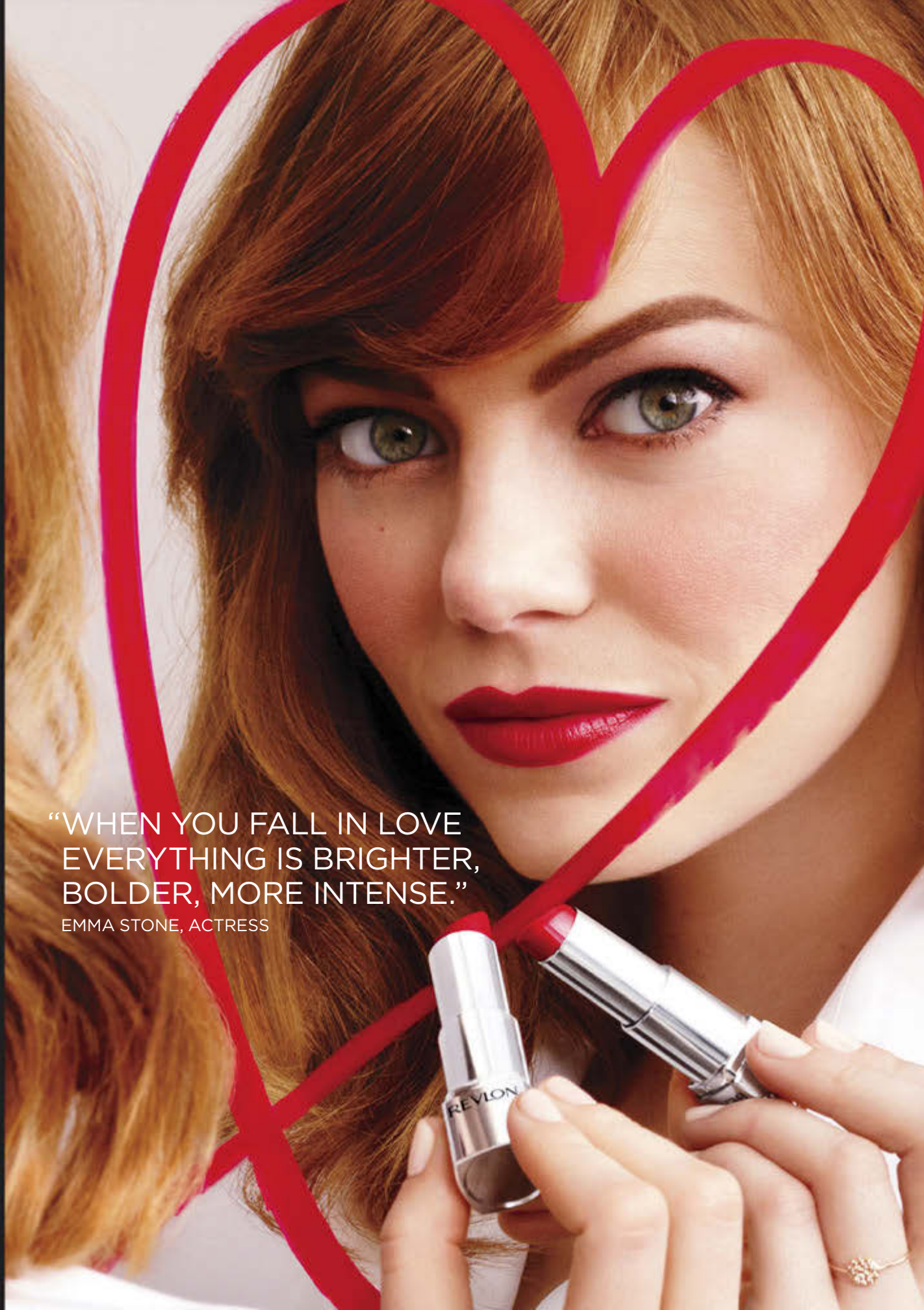
Revlon Ultra HD™ Lipstick
vs.
Traditional Lipstick



20 High-Definition shades to love

REVLON
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“WHEN YOU FALL IN LOVE
EVERYTHING IS BRIGHTER,
BOLDER, MORE INTENSE.”
EMMA STONE, ACTRESS
REVLON



ROMANCE IS ON



REVLON ULTRA HD™ LIPSTICK

Unique **wax-free gel formula** for **lightweight, high-definition color** in one smooth swipe.
20 standout shades to love.

REVLON ULTRA HD™ LIPSTICK VS. **TRADITIONAL LIPSTICK**

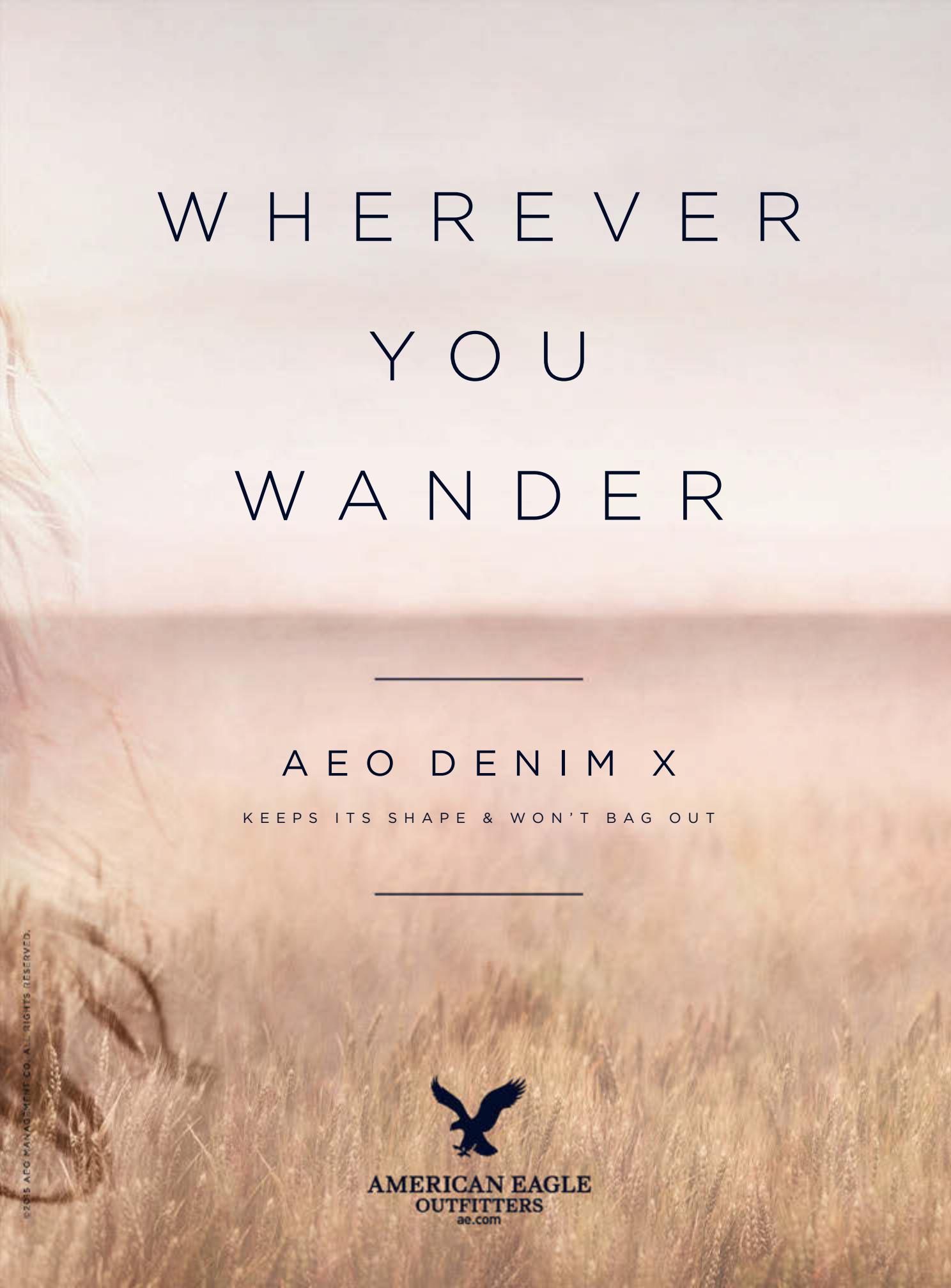
EMMA STONE WEARS HD GLADIOLUS.

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COVERGIRL
THE SUPER sizer
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AUG



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JEAN DREAM
You'll feel amazing in Every. Single. Look.

FASHION

23 JUMP ON IT
One-piece perfection.

24 DENIM BESTIES These essentials will always come through for you no matter what!

30 ALL THE EXTRAS
The boldest new sneaks, bangles, and backpacks.

36 UPGRADE YOUR FAVES
Your go-to jean styles just got a makeover.

38 CAMPUS CHIC
Two schools—two incredibly cool styles.

44 DATE-NIGHT DENIM
Because your LBD needs a vacay, too.

46 CURVE CONFIDENCE
Werk a jean dress, jacket, and more with fresh tips from a style blogger.

50 VARSITY BLUES
Snag sporty looks for next to nothing.

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BEAUTY

53 MAKE IT POP
Stand out in these luscious lipstick-and-gloss combos.

54 PREP FOR YOUR PERFECT MAKEOUT
Fresh breath + soft lips = total confidence.

56 DIY SKIN SOLUTIONS
Tested (and approved!) recipes to calm your complexion.

58 5 WAYS TO LOOK TANNER
Get a totally believable glow with these sneaky sunless tricks.

62 NEVER GET BURNED AGAIN! Protect every inch of your bod with our ultimate sun care kit.

64 HOW TO SURVIVE... A HAIRY SITUATION
Everything you need to get smooth and stubble-free all over!

72 CHEAP THRILLS
Awesome makeup and hair products for just $10 or less!

75 BEAUTY NEWSFEED
Score gorge new glosses, a foolproof foundation, and more.

110 CANDY CRUSH
Sweeten up your look with summer's most playful beauty trends!

ON MODEL: (JEAN DREAM) JACKET, CALVIN KLEIN JEANS; TEE, STELLA JEAN; JEANS, AMERICAN EAGLE OUTFITTERS; BRACELETS (ON LEFT ARM), PASCALE MONVOISIN; JOAILLERIE WILD EDITION; (ON RIGHT ARM) STYDIO BROOKLYN; RINGS I WORN THROUGHOUT | LIZZIE MANDLER.



MUST SHARE NOW

17 *EVERYTHING WORTH POSTING ABOUT.
Super-fun movies, music, *and* desserts? Yep, your summer is going to be totally epic.



66
DECK OUT YOUR DO The prettiest *new* hair accessories for you.



CRUSH ALERT!

104 HOT GUYS OF SUMMER

Get to know Yazz and other stars to swoon over now!

BODY & HEALTH

77 TAKE A HIKE! With our guide and the right gear, it'll be happy trails all summer long.

80 ANATOMY OF A CRUSH Why your bod freaks out when a hottie is near. (It's science, people!)



YOUR CIRCLE

83 HOW TO MAKE NEW FRIENDS Three genius ideas from Tyler Oakley.

84 ADVICE FROM JOHN GREEN One of your fave writers answers tough love Qs.

86 #MOMBLEMS Three girls share their hilarious issues.





120 THE CUTEST ROOM EVER Fun ways to make the most of your dorm room!

116 MY TRANSGENDER DAD Danielle of *Becoming Us* reveals how her dad's transition has changed her life too.

DON'T FORGET...

12 ▶ hi from michelle
14 ▶ all your likes
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126 ▶ horoscopes
127 ▶ you can win this outfit!
128 ▶ my advice: leandra medine

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ON MODEL: ITAKE A HIKE!): HAT, AKOMPLICE.

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Shay getting a touch-up by hairstylist Mark Townsend (or imitating one of our favorite emojis? *Hmm*).

BEHIND THE SCENES WITH SHAY MITCHELL

• Globe-Trotter
The jet-setting actress arrived straight from a trip to India and Nepal. She instantly fell in love with the red-printed coat by Barbara Bui (above) because it reminded her of the countries.

• Cool Digs
The photo shoot took place at the famous midcentury modern Stahl House in L.A. Video game junkies might find it familiar: A look-alike house was used in *Grand Theft Auto: San Andreas*!

• Fearless Leader
You'll see a couple of shots with a crazy view of the city. That's thanks to Shay's YOLO attitude: She put aside any fear of heights to pose on the house's ledge.

• BFF Goals
Shay brought along her bestie/assistant, Sammy Rosenman (@sammyinLA)—you probably know her from their super-cute Instas and Snapchats. They hung out all day and goofed off between outfit changes!





To get Shay's look: Try Face Studio Master Hi-Light in Deep Bronze, Eye Studio Brow Precise Shaping Pencil in Deep Brown, and Color Show Nail Lacquer in Shocking Seas and Porcelain Party, all by Maybelline New York. On Shay: (newsstand cover) dress, MSGM; earrings, Paula Mendoza; ring, Uncommon Matters; (main photo, left) coat, REDValentino; shoes, Giuseppe Zanotti Design.

Senior Fashion Editor: James Worthington DeMolet. Hair: Mark Townsend. Makeup: Darlene Jacobs. Manicure: Stephanie Stone. Photographs: Jason Kim. *Seventeen* logo: Jesus Ayala/Studio D.

Notebook-cover illustration: (for subscribers) Gluekit.

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SHAY'S ALL THAT
The *PLL* star on her secret crushes, beauty faves, and more!

YOU COULD WIN
gear from Shay's new fitness line for Kohl's!
"It's cute enough to wear even when you're not working out," she says. Three winners each get a $100 gift card to Kohl's to buy items from her line, Fit to Wander. See page 127 for info on how to enter for *your* chance. Online code word: [**SHAY**]

MAIN PHOTO: JASON KIM. ON SHAY: (INSET PHOTO, TOP RIGHT) RING, URIBE.



© 2015 Watch the video featuring Karlie Kloss at express.com @ExpressRunway #EXPRESSJEANS

HI FROM MICHELLE



THE CRUSH ISSUE

There's nothing like the thrill of a crush—and not just a romantic one. It's fun to obsess over a style crush who looks flawless. (Hi, Shay!) Or fangirl over an author crush whose book gave you all the feels. Well, this issue is filled with everything (and everyone) to obsess over right now. And it wouldn't be complete without Team *Seventeen* sharing (below) who we loved as teens and who gives us heart eyes today. Happy summer!

Michelle

MICHELLE TAN
EDITOR-IN-CHIEF
michelle@seventeen.com
Twitter: @MichAnnTan
Instagram: @MichAnnTan



teen crush
"I guarantee I saw every one of Chris O'Donnell's movies at least twice in theaters."



girl crush
"Dear Zendaya, Never change. Love, Michelle"

beauty crush
"2015 is the year of the bright lipstick for me!"

Revlon Ultra HD Lipstick in HD Poppy, **$9**, drugstores

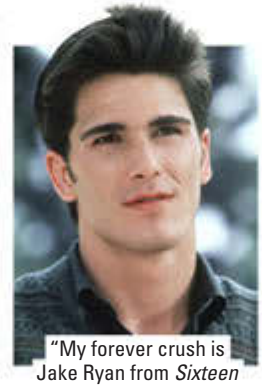




"I was obsessed with Lizzie McGuire. Hilary Duff was my first concert!" –ALEX ABEL



"Johnny Depp 4EVA—but Kate Moss's Johnny! She's my girl crush." –LEAH WYAR



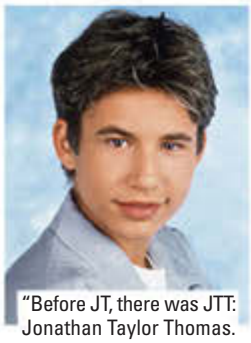
"My forever crush is Jake Ryan from *Sixteen Candles*!" –GINA KELLY



"This goes so far back and is so creepy: Barnabas Collins from *Dark Shadows*." –ALISON JURADO



"My girl crush is Rihanna. She can do no wrong." –WENDY ROBISON



"Before JT, there was JTT: Jonathan Taylor Thomas. He was dReAmY." –MARTA TOPRAN



"I will watch any movie or show with Lucy Liu." –CARLOS PAREDES



"Barbra Streisand is a babe! She's the reason I would never get a nose job." –NICOLE MAZUR



"Chuck Bass. The boy can seriously rock a tux." –MADDY ZOLLO



"I'm crushing on Nicola and Will Peltz—and Rosanne Barr forever." –JAMES WORTHINGTON DEMOLET

TAN: CHRIS ECKERT/STUDIO D. FASHION STYLIST: DAYNA SPITZ. HAIR AND MAKEUP: ANNA WEBBER. O'DONNELL: TIM RONEY/GETTY IMAGES. ZENDAYA: KEVIN MAZUR/GETTY IMAGES. DUFF: GREGG DEGUIRE/GETTY IMAGES. DEPP AND MOSS: RON GALELLA/GETTY IMAGES. SCHOEFFLING: MPTV. *DARK SHADOWS*: PICTORIAL PARADE/GETTY IMAGES. RIHANNA: JAMES DEVANEY/GETTY IMAGES. THOMAS: GETTY IMAGES. LIU: D DIPASUPIL/GETTY IMAGES. STREISAND: RON GALELLA/GETTY IMAGES. WESTWICK: JOSIAH KAMAU/GETTY IMAGES. PELTZES: JEFFREY MAYER/GETTY IMAGES. STILL LIFES: (LIPSTICK) COURTESY OF REVLON; (CORAL SWIRL) J MUCKLE/STUDIO D.

Don’t let the softer skin and fresh scent fool you, it’s one tough acne-fighter.



New Neutrogena® Oil-Free Acne Moisturizer Pink Grapefruit

The dual-action formula combines oil-free hydration with powerful acne medicine. So it helps treat and prevent breakouts as it moisturizes thirsty skin. Now, soft clear skin with a hint of pink grapefruit.

So effective, acne doesn’t stand a fighting chance.

neutrogena.com/acne

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#1 Dermatologist Recommended Skincare

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17 POLL

WHAT'S YOUR DECADE INSPO?





WHAT YOU'RE PINNING

Going on a picnic? Make a Fiesta Veggie Salad with corn, avocado, black beans, red and yellow peppers, red onion, jalapeños, and cilantro.

For this and other healthy recipes, visit pinterest.com/seventeen.

MOST ❤'D #OOTD

Follow @seventeen on Instagram for daily fashion ideas.



FLORAL TOP Equipment.
CUFFED JEANS Ralph Lauren.
PEEP-TOE HEELS Aldo.
PINK CAMERA Fujifilm.
GOLD NECKLACE Forever 21.

OUR FAVE READER COMMENTS

@thatchicmikaela
Sometimes I worry my goals are too big, but Sarah's story encourages me to keep fighting for my dreams and never stop.



@dee_eisen
@seventeen thank you for the zero-effort hair ideas. The lazy girl in me is #ForeverBlessed

@_cherry_catastrophe_13
Best advice I've read in a long time. #YouCreateYour OwnHappiness #YouBeThe Judge #17Mag #EvenThoughIm19



@wesleydayshaw
No longer on the hunt for a chic and flattering one-piece thanks to Seventeen's swimsuit guide!

@julia_melao
Kayla's workout makes me feel strong, during and after. She has truly transformed my outlook on staying healthy and being happy.



JENNER: AKM IMAGES/GSI MEDIA. CYRUS: CHRISTOPHER PETERSON/SPLASH NEWS. STILL LIFES: (#OOTD) KATHRYN WIRSING; (FIESTA VEGGIE SALAD) LISA HUBBARD/GETTY IMAGES.

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Everything worth posting about.

MUST SHARE NOW



Jenn (@jennxpenn), left, with Lauren (@lovelaurenelizabeth) hanging out on set.

GIRL CRUSHES!

Click Magnets

Can't get enough videos by Lauren Luthringshausen, 21, and Jenn McAllister, 19? The BFFs produced and star in the full-length feature *Bad Night* (badnightmovie.com).

JENN McALLISTER

Have you always wanted to act?

Yes, I always entertained my family when I was younger and loved putting on comedy shows. If I'd never become a YouTuber, I would probably be going on auditions now.

What kinds of things do you and Lauren like to do together?

We literally do everything together. It's not an overexaggeration. We go grocery shopping, cook, and play Cards Against Humanity. And on Sundays, we just lie on the couch and watch TV shows nonstop.

What's your No. 1 friendship secret?

The main thing is trust. You need to know that if you tell friends something, they won't tell anyone else. And then just always have them in mind—invite them places, make sure they're doing well.

LAUREN LUTHRINGSHAUSEN

How did the movie happen?

I met with producers about ideas, and they said I could make anything. I was like, Let's do girl power, no romantic theme, and include my best friend. So Jenn came on.

How did it feel being on set?

The first day was the weirdest. It was hard because we usually film and edit all our own stuff, so we had to let go. Jenn would always be running off set, like "Can I see it?"

You live with Jenn and fellow YouTubers Arden Rose and Andrea Russett. What's that like?

It's like living in a YouTube sorority house. If you don't feel like filming, they'll be like, "Come on, I'll help you." It's so nice being surrounded by supportive people.

–ALEX ABEL

MORE TO WATCH!

These YouTubers also caught the movie bug. Binge-watch, anyone?



Smosh: The Movie

Kings of YouTube, **Smosh,** are out with a comedy. Bonus: Web stars Jenna Marbles and Grace Helbig have cameos. *Yaaas!* Find it on iTunes or smoshthemovie.com.



Summer Forever

Not only does **Megan Nicole** act in this musical, but she also cowrote the title song. Out this month, it follows three friends living it up before college. See it happen at summerforevermovie.com.



The Chosen

Kian Lawley is usually your main man when it comes to a good laugh, but with this scary flick, he's going to give you nightmares. Get it at thechosenmovie.co.

MARK YOUR iCAL



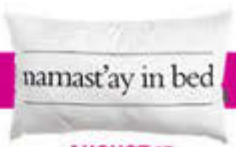
AUGUST 1
Have an excuse to play in the sand on **Sandcastle Day.** #sorrynotsorry



AUGUST 2
Give your bestie by birth a big hug on **Sister's Day.** (Yes, you have to.)



AUGUST 9
Celebrate **Book Lovers Day** by getting sucked into this thriller.



AUGUST 15
Your **Relaxation Day** to-do list? Nothing, nothing, and nothing.



AUGUST 30
"I'm sick of s'mores," said no one ever on **Toasted Marshmallow Day.**

@SEVENTEEN Get all the hottest trends and news.

McALLISTER AND LUTHRINGSHAUSEN: GRB ENTERTAINMENT. SMOSH: AWESOMENESSTV; DEFY MEDIA. MEGAN NICOLE: SUMMER FOREVER MATERIALS © 2015 RELATIVITY MEDIA. ALL RIGHTS RESERVED. *THE CHOSEN*: SUPERGRAVITY PICTURES. SANDCASTLE: DAVE KING/GETTY IMAGES. BEYONCÉ AND SOLANGE KNOWLES: INSTAGRAM. BOOK: MALERAPASO/GETTY IMAGES. "NAMAST'AY IN BED" PILLOW: COURTESY OF DORMIFY. TOASTED MARSHMALLOW: ELENA ELISSEEVA/ALAMY.

MUSTSHARENOW



Red-Carpet Rundown

PEYTON LIST

In honor of the Teen Choice Awards (August 16), the actress spills her glam secrets.

Beauty Must-Have

Travel-size hairspray. It works for flyaways, as a static guard, and will stop any stocking run with just one spritz.

Preshow Meal

A peanut butter–acai bowl is always my go-to. I love breakfast food any time of day, and acai is loaded with antioxidants.

Smiling Trick

I like a closed-mouth smile and slightly parted lips. A tip: If you press your tongue hard on the roof of your mouth, your face muscles tighten and your features look sharper.

Pump-Up Song

"Independent Women" by Destiny's Child. Anything Beyoncé sings is empowering to me. Queen Bey!

Role Models

Lupita Nyong'o and Gigi Hadid have the strongest fashion game. And Blake Lively always kills it. WWBD (What. Would. Blake. Do).

What Is Your ICE CREAM SANDWICH Personality?

Get the scoop on your inner frozen treat.



AUG 2 is National Ice Cream Sandwich Day!

1 WHAT'S YOUR DREAM VACAY?



A Shopping in Paris B Cruising around Italy C Ziplining in Costa Rica

2 WHAT'S YOUR SPIRIT ANIMAL?



A Puppy B Dolphin C Koala bear

3 PICK YOUR FAVORITE FOOD:



A Burger B Sushi C Pizza with everything on it

4 WHAT'S YOUR FAVORITE EMOJI?



A B C



IF YOU CHOSE MOSTLY A'S, YOU ARE:

vanilla with chocolate chip

You might be #basic but you're also a classic girl who's never going out of style.



IF YOU CHOSE MOSTLY B'S, YOU ARE:

double chocolate

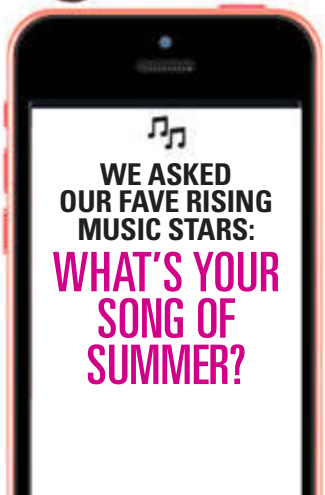
You crave rich experiences and sophistication wherever you look.



IF YOU CHOSE MOSTLY C'S, YOU ARE:

raspberry with chocolate & powdered sugar

You live for adventure and are never afraid to try new things.



WE ASKED OUR FAVE RISING MUSIC STARS:

WHAT'S YOUR SONG OF SUMMER?



"'Cheerleader' by Omi. I spent all night searching for it online after hearing it. It's catchy, cute, and his accent is awesome!"

–ALESSIA CARA

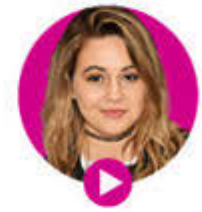
We're obsessed with Alessia's soulful single, "Here."



"'Chateau Lobby #4' by Father John Misty is my 'driving in the car, windows open' summer jam!"

–MELANIE MARTINEZ

If you like Sia, look for Melanie's debut album, *Cry Baby*, on August 14.



"'Island in the Sun' by Weezer. My friend and I made a hilarious music video for it. Every time I hear it, I think of that."

–BEA MILLER

Bea's powerful pop debut, *Not an Apology*, will take over your playlist.



"'Lean On' by Major Lazer & DJ Snake. It's great to dance to and the ultimate song for a carefree summer."

–BAHARI

The trio's EP, *Dancing on the Sun*, is a dreamy escape.

LIST: JON KOPALOFF/FILMMAGIC. ICE CREAM SANDWICH STACK: JONNY VALIANT/*REDBOOK*. BERET: JESUS AYALA/STUDIO D. CRUISE SHIP: VERESHCHAGIN DMITRY/SHUTTERSTOCK. CLIMBING EQUIPMENT: SWINNER/SHUTTERSTOCK. ENGLISH BULLDOG: PATRICIA DOYLE/GETTY IMAGES. DOLPHIN: MIKE HILL. KOALA: LIFEON WHITE/ALAMY. BURGER: ANSONSAW/GETTY IMAGES. SUSHI: D. HURST/ALAMY. SLICE OF PIZZA: PAUL ORR/SHUTTERSTOCK. VANILLA ICE CREAM SANDWICH: TODD PATTERSON. CHOCOLATE ICE CREAM SANDWICH: TODD PATTERSON. RASPBERRY ICE CREAM SANDWICH: ISTOCKPHOTO. MARTINEZ: BILL MCCAY/WIREIMAGE. MILLER: ARAYA DIAZ/GETTY IMAGES.


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MODEL MOMENT

Name: Chloe Nguyen
Hometown: Houston, TX
Instagram: @chloeunguyen
Fave modeling experience: "*Seventeen*'s February issue! I modeled with my twin sister ['Fashion Friends,' p. 96]. Getting to hang out at 'work' together was so cool!"

DESIGNER MOMENT

Label: Derek Lam 10 Crosby
Instagram: @dl10crosby
The scoop: The line is all about unexpected twists on classics—which explains why Beyoncé and Jamie Chung are fans.

JUMPSUIT Derek Lam 10 Crosby, Bergdorf Goodman. *SHOES* Derek Lam 10 Crosby, Derek Lam 10 Crosby stores (similar styles).



JUMP ON IT

Move over, dresses. This fall, jumpsuits are the ultimate one-and-done essential when you want a polished—but totally edgy—look.

PHOTO: LAUREN PERLSTEIN/STUDIO D. FASHION EDITOR: AEYUNG KIM. HAIR: DEBORAH BRIDER FOR CUTLER/REDKEN SALONS AT THE WALL GROUP. MAKEUP: FRANCISCA SAAVEDRA AT NEXT ARTISTS USING CHANEL VITALUMIÈRE AQUA FOUNDATION. ON CHLOE: EARRINGS, URIBE; NECKLACE, JVDE; CUFF, MOXHAM; RING, W BRITT.

DENIM BESTIES

"I bought a thrift-store miniskirt months ago! I love showing off a little leg."

Just like a BFF, these are the staples you lean on all the time. Here, actress **KIERSEY CLEMONS** shows off fresh ways to style them.

Photographs by Meredith Jenks
Styled by Aeyung Kim



VEST Hilfiger Collection, **$350,** Tommy Hilfiger stores or call 212-223-1824 to order. *TOP* Lovers + Friends, **$70,** revolveclothing.com. *SKIRT* Silver Jeans Co., **$68,** silverjeans.com. *EARRINGS* Noir Jewelry, **$25,** noirnyc.com. *NECKLACE* Lizzie Fortunato, **$325,** Neiman Marcus. *GOLD BANDS* Luv Aj, **$63** for set, luvaj.com. *STONE RING* Stanmore, **$140,** stanmorenyc.com. *BAG* Hilfiger Collection, Tommy Hilfiger stores or call 212-223-1824 to order. *SHOES* Hilfiger Collection, Tommy Hilfiger stores or call 212-223-1824 to order.

MINISKIRTS



Big Star, **$88,** amazon.com



Tommy Hilfiger, **$99,** tommy.com



Joe's, **$158,** joesjeans.com



Levi's, **$68,** levi.com

HAIR: LUKE CHAMBERLAIN AT FORWARD ARTISTS USING KÉRASTASE. MAKEUP: SAMUEL PAUL AT FORWARD ARTISTS USING MARC JACOBS BEAUTY. MANICURE: STEPHANIE STONE USING ENAMORED HI-SHINE NAIL POLISH BY MARC JACOBS BEAUTY AT NAILING HOLLYWOOD. STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFES STYLIST: JESSIE LIEBMAN FOR R.J. BENNETT REPRESENTS.


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DENIM SHIRTS



Denim & Supply Ralph Lauren, **$165,** macys.com (similar styles)



7 For All Mankind, **$178,** 7forallmankind.com



Citizens of Humanity, **$218,** citizensofhumanity.com



DKNY, **$90,** dkny.com



SHIRT Lucky Brand, **$90,** luckybrand.com.
SKIRT Rebecca Minkoff, rebeccaminkoff.com.
EAR CUFF Luv Aj, **$50,** luvaj.com.
EARRINGS Luv Aj, **$88,** luvaj.com.
NECKLACE Flaca Jewelry, **$178,** flacajewelry.com.
BRACELET Alex and Ani, **$58,** alexandani.com.
SHOES Converse Chuck Taylor All Star, **$55,** converse.com.

"This skirt made me feel like a flapper! I loved tying up the shirt to still keep it casual."

KIERSEY CLEMONS

On-screen, this 21-year-old star plays a street-smart hip-hop kid in *Dope*. Offscreen, her style is so bold, she'll buy a blue wig "just for fun."

Q ARE YOU ANYTHING LIKE YOUR CHARACTER DIGGY?

We have some similarities. We're both very sarcastic. She's a drummer and I'd like to do more of that. She's obsessed with '90s culture, and I've been listening to '90s R&B a lot. Diggy doesn't like to show off her shape so much, but I do. I fully embrace my feminine side.

Q WHERE DO YOU FIND STYLE INSPIRATION?

I pull from random things, like people on the street or magazines or Tumblr. I'm not very trendy. I'm totally the person who when no one is wearing something, I'm going to put it on to be cool. For the most part, my job is about someone else dressing me, so when I dress myself, I want to have fun.

Q WHAT DO YOU WEAR ON A DAY OFF?

I love dresses, but I also like to be comfortable. When getting dressed, I'll start with the weather, then my shoes, and then I'll probably decide what to do with my hair—wear it curly or straight—before picking an outfit. If I'm feeling good about my hair, it normally guides me through my look.

Q WHAT'S YOUR FAVORITE WAY TO WEAR DENIM?

I have a lot of white linen button-downs in different styles—long ones like dresses and just plain shirts. Wearing them with denim makes me feel like a Calvin Klein model. I have all kinds of denim though—sneakers, jeans, and jackets. I didn't even realize how much I wear! **–Alex Abel**

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$27.99 Arizona jeans jcp.com 664-9468 reg. $48

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"Mixing jeans with faux fur creates a total sporty chic look—my favorite!"

VEST ASOS, **$109,** asos.com.
SHIRT Anna Sui, Anna Sui NYC store or call 212-941-8406 to order.
JEANS Express, **$80,** Express stores.
SUNGLASSES Crap Eyewear, **$58,** crapeyewear.com.
EARRINGS Luv Aj, **$88,** luvaj.com.
BRACELET Alex and Ani, **$28,** alexandani.com.
RINGS Janis by Janis Savitt, **$175** (pointer finger) and **$155** (ring finger), Janis by Janis Savitt store or call 212-245-7396 to order.
SHOES Golden Goose Deluxe Brand, goldengoose deluxebrand.com.

SKINNY JEANS



Madewell, **$125,** madewell.com

Hudson Jeans, **$155,** hudsonjeans.com

Volcom, **$60,** volcom.com

J Brand, **$248,** jbrandjeans.com



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JACKET AG, **$215,** agjeans.com. *DRESS* LoveShackFancy, **$395,** loveshackfancy.com. *EARRINGS* Samantha Wills, **$65,** samanthawills.com. *NECKLACE* Janis by Janis Savitt, **$245,** Janis by Janis Savitt store or call 212-245-7396. *BAG* House of Holland, **$463,** houseofholland.co.uk. *SHOES* DKNY, **$250,** dkny.com.

ALL THE EXTRAS

Pick up the season's most Insta-worthy sneakers, jewelry, and backpacks designed to make your #OOTD anything but basic.

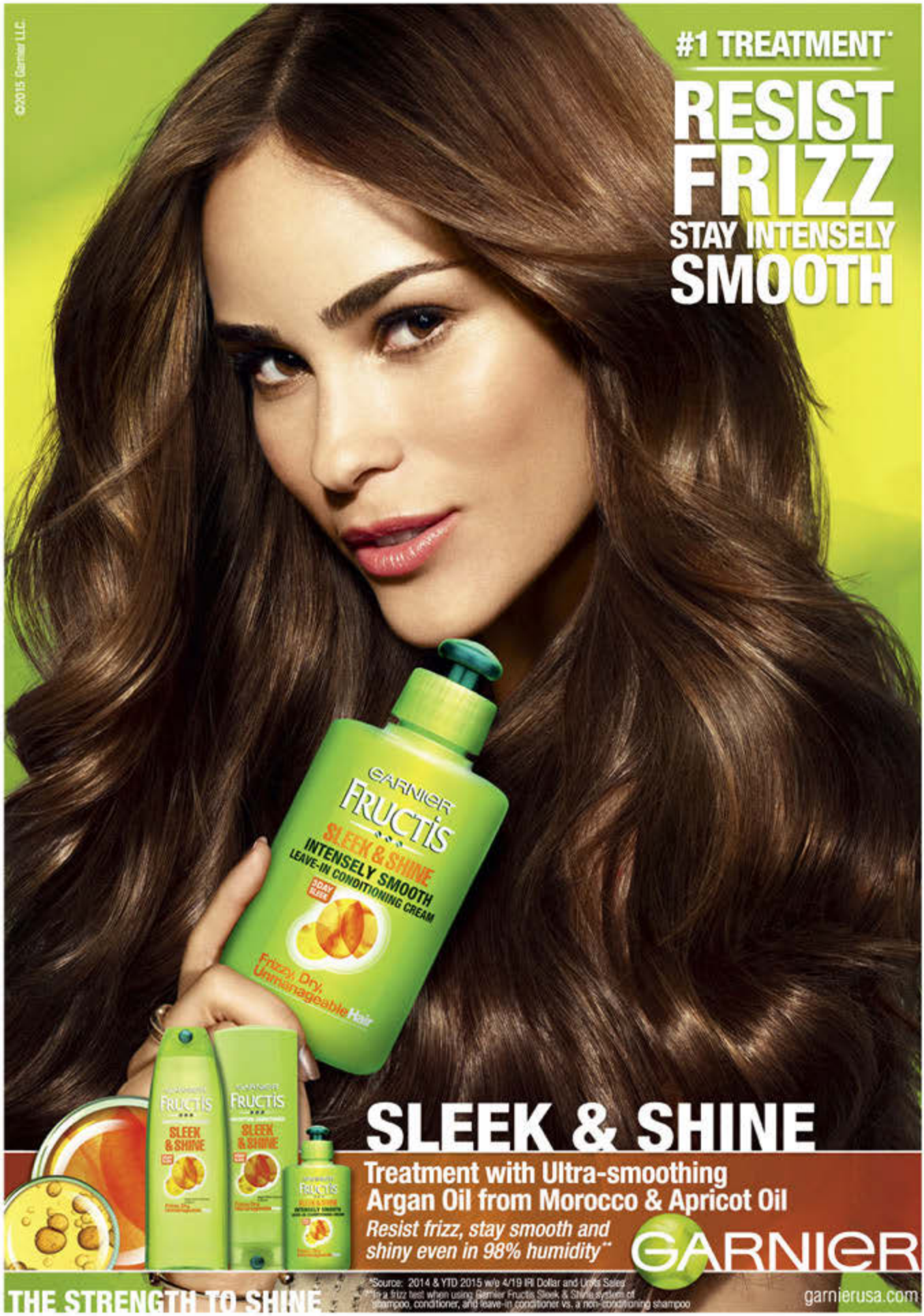
Kick-starter Shoefie Rule No. 1: Plan your outfits from the feet up.

SNEAKERS

CORAL Buscemi, buscemi.com. *WHITE* Black Dioniso, **$269,** blackdioniso.com. *GLITTER* 2Star, **$252,** 2star.it. *ORANGE-AND-BLUE* Puma x McQ, **$195,** puma.com (similar styles). *STRIPED* Keds x Kate Spade New York, **$95,** keds.com. *BLACK-AND-RED* Charlotte Olympia, charlotteolympia.com. *LEOPARD* Senso, **$200,** senso.com. *METALLIC RED* Atelje 71, **$250,** shoescribe.com.

ON MODEL: SNEAKERS Golden Goose Deluxe Brand, goldengoosedeluxebrand.com. *SHIRT* Armani Exchange, **$80,** armaniexchange.com. *SHORTS* Roxy, **$50,** roxy.com.

PHOTOS: MEREDITH JENKS. FASHION EDITOR: AEYUNG KIM. HAIR: LUKE CHAMBERLAIN AT FORWARD ARTISTS USING KÉRASTASE. MAKEUP: SAMUEL PAUL AT FORWARD ARTISTS USING MARC JACOBS BEAUTY. MANICURE: STEPHANIE STONE USING ENAMORED HI-SHINE NAIL POLISH BY MARC JACOBS BEAUTY AT NAILING HOLLYWOOD.


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FROM LEFT: Janis by Janis Savitt, **$120,** call 212-245-7396 to order; Luv Aj, **$45,** luvaj.com; Janis by Janis Savitt, **$155,** call 212-245-7396 to order; Maria Francesca Pepe, **$274,** mariafrancescapepe.com; Luv Aj, **$63** for set, luvaj.com; Bones + Feathers Collective, **$90,** bandofcollective.com.

ON MODEL: VEST 7 For All Mankind, **$225,** 7forallmankind.com. *PALM CUFF* Lady Grey, **$84,** ladygreyjewelry.com.

Arm Party!
Mix chunky bangles, ropes, and charms for the most fun.

BRACELETS

ON RIGHT ARM, FROM WRIST DOWN: Maria Francesca Pepe, **$281,** mariafrancescapepe.com; Venessa Arizaga, **$75,** venessaarizaga.com; Janis by Janis Savitt, **$300,** call 212-245-7396 to order; Alex and Ani, **$38,** alexandani.com; Lizzie Fortunato, **$325,** Neiman Marcus; Janis by Janis Savitt, **$200,** call 212-245-7396 to order; Venessa Arizaga, **$100,** venessaarizaga.com. *ON LEFT ARM, FROM WRIST DOWN:* Bones + Feathers Collective, **$124,** bandofcollective.com; Maria Francesca Pepe, **$167,** mariafrancescapepe.com; Sequence, **$44,** sequencecollection.com; Venessa Arizaga, **$125,** venessaarizaga.com; Banana Republic, **$25,** bananarepublic.com; Janis by Janis Savitt, **$220,** call 212-245-7396 to order; (following two bangles) Stanmore, **$145** each, stanmorenyc.com; Sarah Magid Jewelry, **$328,** sarahmagid.com.


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BAGS

GREEN BACKPACK
ASOS, **$65**, asos.com.
YELLOW BAG Paula Cademartori, paulacademartori.com.

ON MODEL:
SHIRT Hudson Jeans, **$225**, hudsonjeans.com.
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1 High-Waisted

In cool blue hues, these won't be mistaken for mom jeans. Best part: The cut makes your legs look longer—even if you're in flats.



Decree, **$42,** jcpenney.com



7 For All Mankind, **$168,** 7forallmankind.com



Jessica Simpson Collection, **$69,** bonton.com



Bullhead Denim Co, **$50,** pacsun.com



AG, **$255,** shopbop.com



Gap, **$80,** gap.com



Siwy, **$209,** revolveclothing.com



Miss Me, **$100,** missme.com

2 Boyfriend

It's time your closet gets into the fray. When it comes to this extra-soft, super-roomy, and laid-back cut, the new motto is "Let her rip."





3 Skinny

What comes in a darker wash and has eye-catching zippers or fierce slashes? Your new go-to pair of figure-skimming jeans.



Calvin Klein Jeans, **$70,** calvinklein.com



True Religion, **$218,** truereligion.com



American Eagle Outfitters, **$50,** ae.com



Aéropostale, **$30,** aeropostale.com

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STREET-STYLE PHOTOS: (FROM TOP) STREETPEEPER.COM; KIRSTIN SINCLAIR/GETTY IMAGES; MELODIE JENG/GETTY IMAGES.

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UCLA

CAMPUS CHIC

CollegeFashionista.com went to Cali to see how these undergrads ace the laid-back L.A. look.





"Sporty sandals have been big, so I wanted to try the look. The resort shirt I borrowed from my roommate, who worked at a surf shop!"
–Jenna, 21, English & Digital Humanities major

"I like to make an effort each morning. You never know who you're going to meet or run into!"
–Emily, 19, Music major

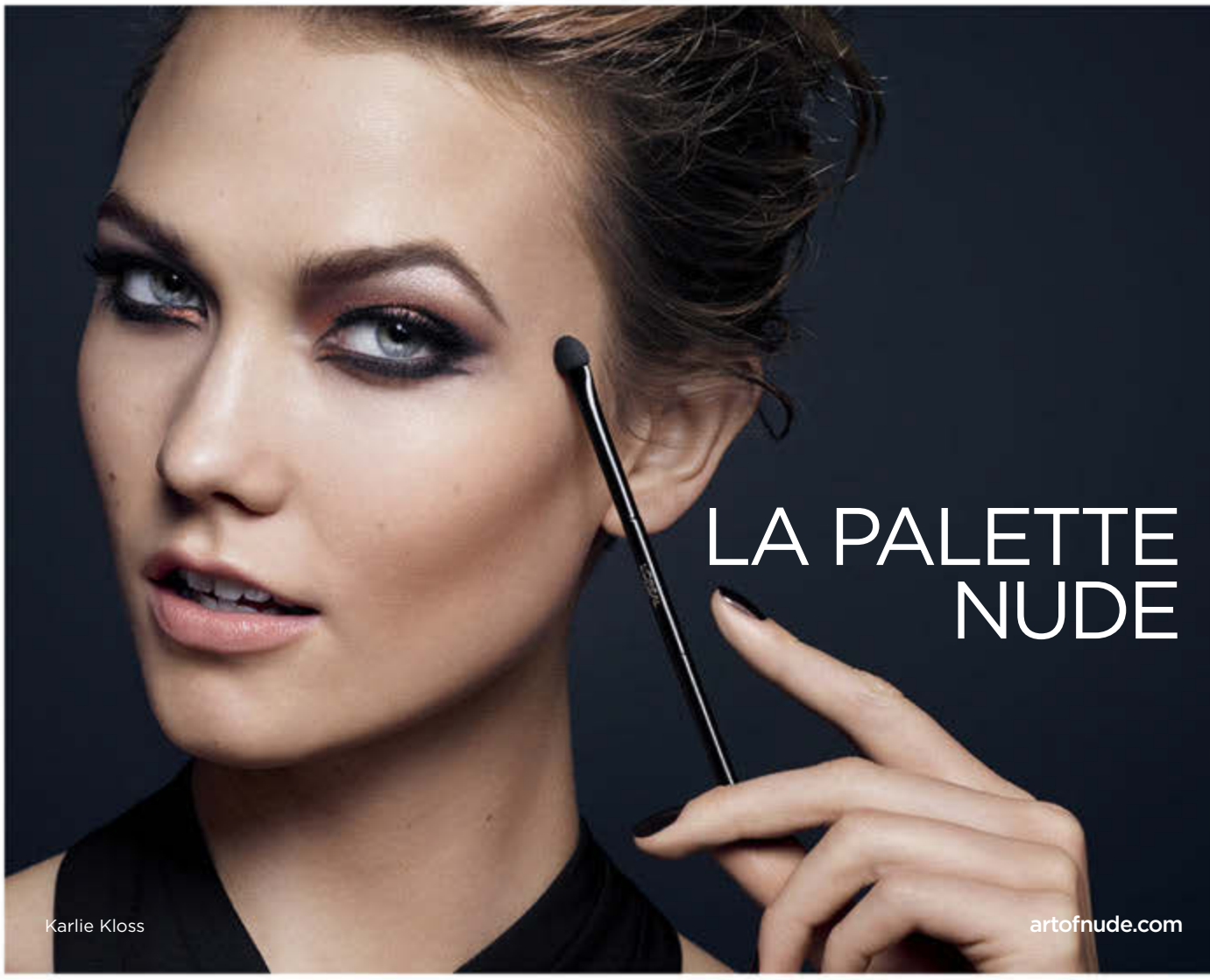


"I wanted to wear my boyfriend jeans, so I styled everything around them. They're cute and comfy."
–Xenia, 18, Physiological Science major



"This is cute for class but nice enough for my internship. The dark jeans and booties dress it up."
–Rayhan, 20, Economics & Sociology major

PHOTOS BY COLLEGEFASHIONISTA.COM STYLE GURU ANNA LAPLACA.





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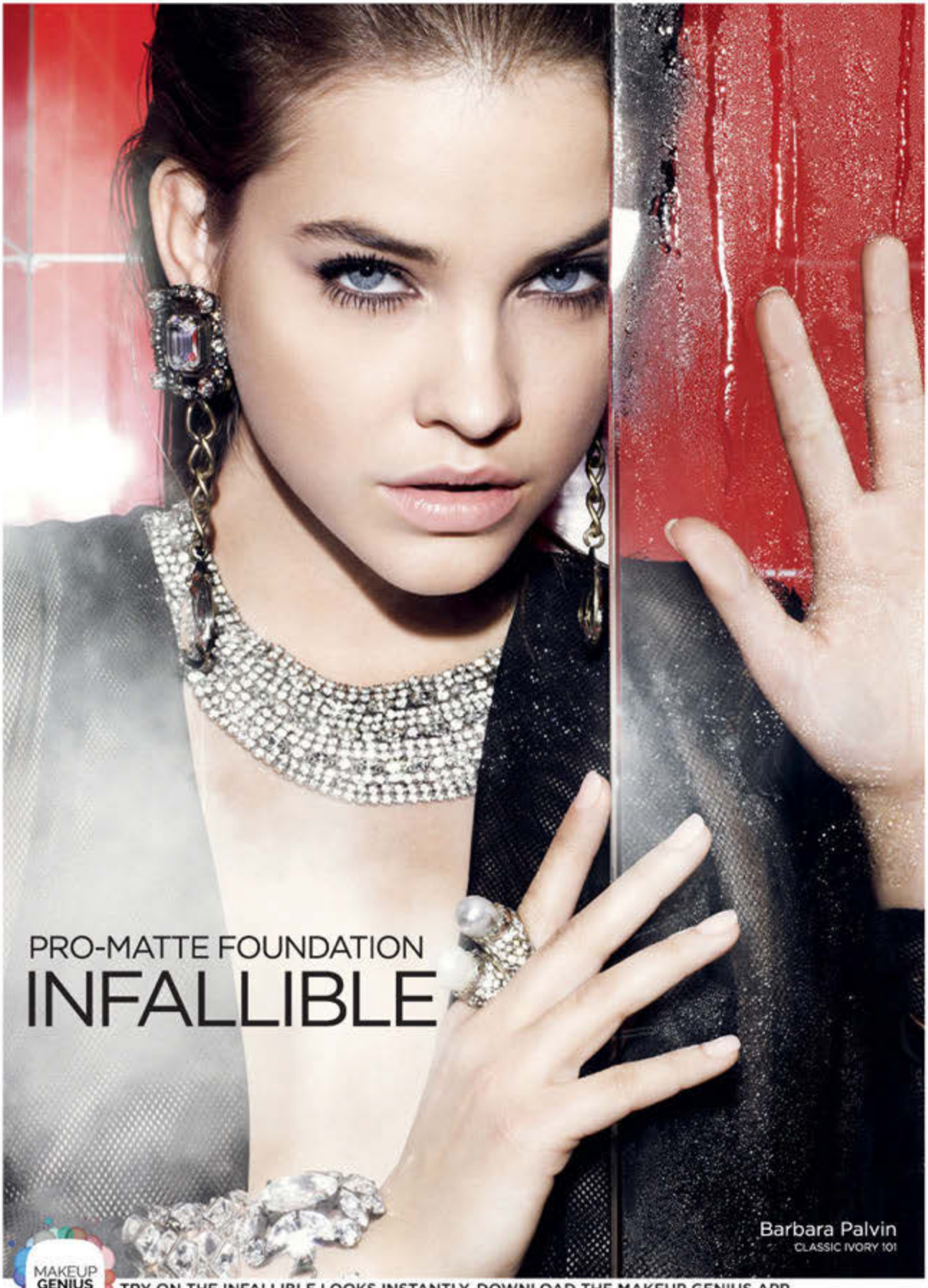
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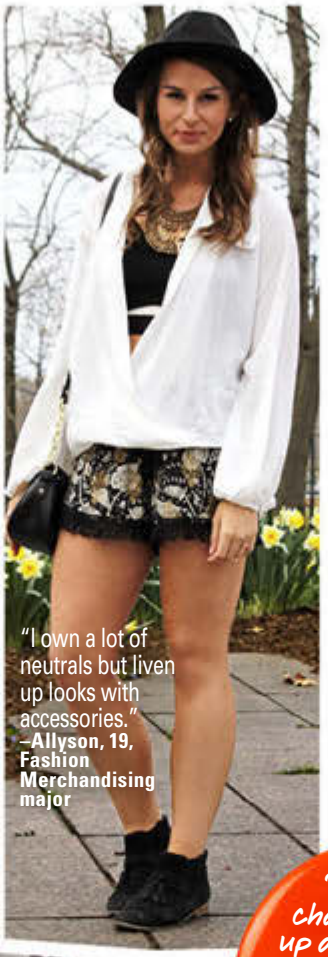
MAKEUP DESIGNER/**PARIS**

KENT STATE UNIVERSITY

On the Kent, Ohio, campus, students major in a glam-but-casual look topped with edgy add-ons.



"Most of my outfit inspo comes from Pinterest, but my style icon is fashion blogger @caraloren. She's trendy but puts her own spin on things."
–Jacquelyn, 20, Fashion Merchandising major



"I own a lot of neutrals but liven up looks with accessories."
–Allyson, 19, Fashion Merchandising major



"Shoes make or break an outfit, so I matched the skirt around this rad pair. The outcome was bold!"
–Kathryn, 21, Fashion Merchandising major



"I like to change things up and wear tall boots with shorts. I also love statement sunglasses like these white ones!"
–Shisenxue, 19, Fashion major

PHOTOS BY COLLEGEFASHIONISTA.COM STYLE GURU MEGAN SAUERS.





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DATE-NIGHT **DENIM**

With these A-listers as inspo, black skinnies will be your new bae.



"I have about 75 percent simple pieces, and 25 percent unique, standout pieces. That's really my style—jeans, a T-shirt, and one piece that pops."
–Gigi Hadid

GIGI HADID

CLUTCH
Rebecca Minkoff, **$95,**
rebeccaminkoff.com

JEANS
McGuire, **$235,**
J.Crew stores

JACKET
The Kooples,
thekooples.com.

TANK
Chaser Brand, **$59,**
chaserbrand.com.

CUFF
Louise et Cie, **$88,**
louiseetcie.com

PUMPS
DKNY, **$250,**
select DKNY
stores



"This look is stylish but also really comfy. Tying the shirt gave it a playful vibe, and the wedge sneakers added a little bit of polish."
–Victoria's stylist, Madison Guest

VICTORIA JUSTICE

SHIRT
Joie, **$188,** joie.com

NECKLACE
Fossil, **$128,**
fossil.com

PURSE
Armani Exchange, **$130,**
armaniexchange.com

JEANS
Paige Denim, **$259,**
paige.com

SNEAKERS
Guess, **$85,**
guess.com

@SEVENTEEN Score daily #OOTD inspo.

STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFES STYLIST: JESSIE LIEBMAN FOR R. J. BENNETT REPRESENTS. HADID: CHELSEA LAUREN/GETTY IMAGES FOR MERCEDES-BENZ FASHION WEEK. JUSTICE: GVK/BAUER-GRIFFIN/GC IMAGES.









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CURVE CONFIDENCE

Stylist **DENISE CALDWELL** reveals new ways to work denim into your wardrobe. Plus: Her tips for finding the perfect jeans!

HAVE SOME PULL



"Why waist-train? A drawstring anorak **instantly makes your middle look smaller**—and it's comfy!"

JACKET Forever21, **$40,** forever21.com.
ROMPER Old Navy, **$30,** oldnavy.com.

MIND THE GAP



"Pleated styles conform to curves, so you'll **avoid waistband gaps.** Pop on a crop top for a peek of skin."

TOP ASOS Curve, **$30,** asos.com.
JEANS Mango, **$80,** shop.mango.com.
BAG Vera Bradley, **$148,** verabradley.com.

GET IN THE MIX



"A boxy jacket is a **great layering piece** and complements a fit-and-flare combo, like a formfitting top with a flowy skirt."

JACKET Woman Within, **$40,** fullbeauty.com.
TOP Simply Be, **$25,** simplybe.com.
SKIRT Simply Be, **$60,** simplybe.com

BUILD STRUCTURE



"A pencil dress is so versatile: **It creates curves or flaunts existing ones.** Rock it over a T-shirt for school."

DRESS Ashley Stewart, **$60,** ashleystewart.com.
TOP Forever21, **$14,** forever21.com.
HAT Vince Camuto, **$28,** vincecamuto.com.



DENIM SHOPPING 101

"Buying jeans can be tricky," says Denise. Here's what to look for when you're craving a new pair.

The Cut

"Skinnies are for everyone! The slim fit will balance your proportions. Avoid flares and boot cuts, which can add unnecessary volume."

The Pockets

"If you want to play up your derriere, look for pockets that start about two inches from the bottom of the waistband and run parallel to it."

The Waist

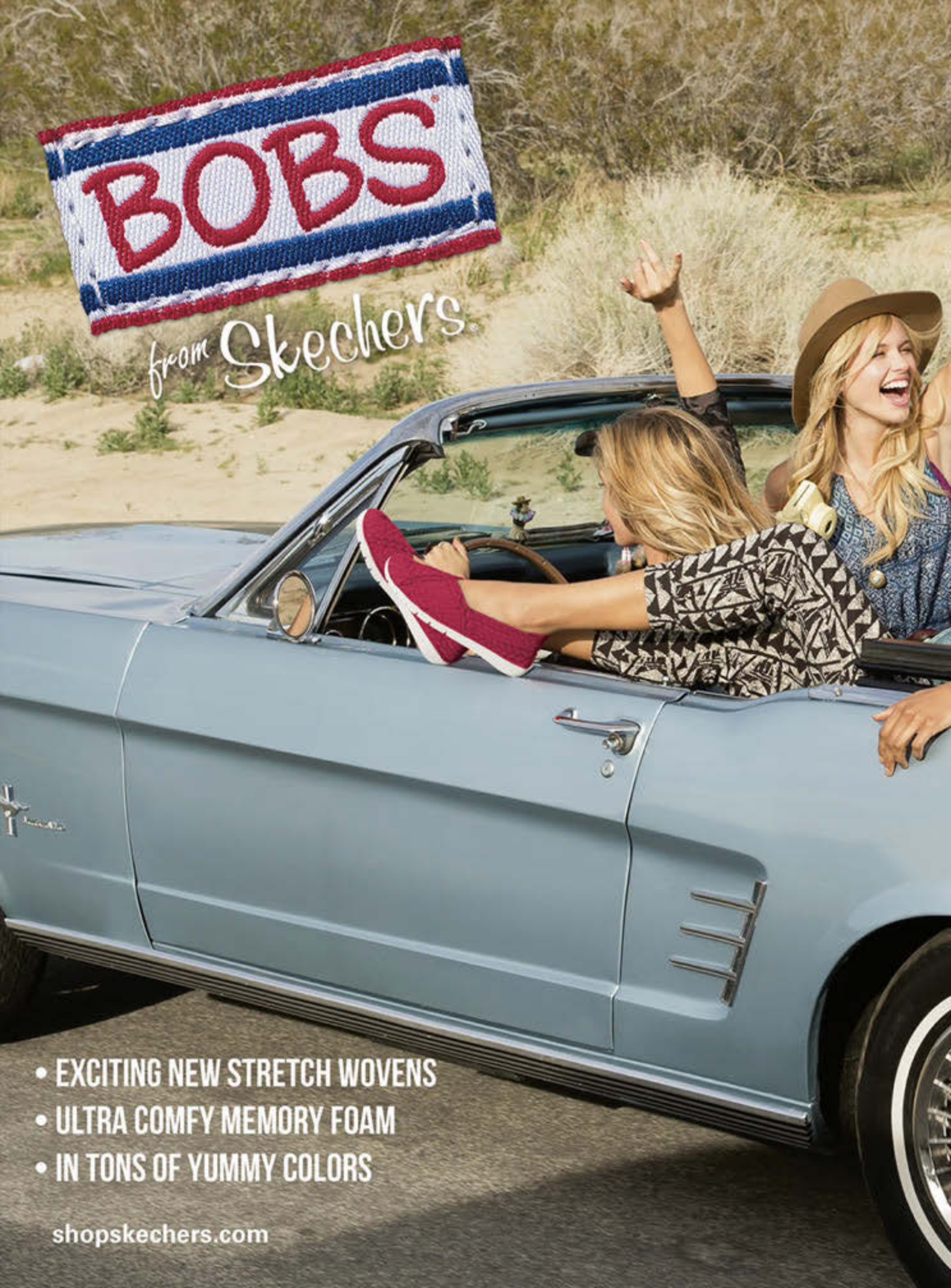
"Low rises—and the muffin tops that came with them—are a thing of the past. Search for styles that will sit higher on your waist."

The Wash

"When choosing distressed or faded jeans, pick ones that are lighter in the center of the leg from top to bottom. Your legs will look longer."

STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFES STYLIST: SABRINA GRANDE. CALDWELL: COURTESY OF CALDWELL.


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PHONE CASE
Pretty Smitten, **$44,** prettysmitten.com



Tommy Hilfiger Fall 2015

MVP A bomber goes with everything. Want an upgrade? Pair it with sequins and mesh.



JACKET
Forever 21, **$38,** forever21.com.
TEE
Forever 21, **$23,** forever21.com.



SNEAKERS
Soda Shoes, **$19,** sodashoes.com



SKIRT
H&M, **$50,** hm.com



POUCH
LeSportsac, **$28,** lesportsac.com



RING
Banana Republic, **$45,** bananarepublic.com



PURSE
DailyLook, **$50,** dailylook.com



SHORTS
Candie's, **$38,** kohls.com.
SWEATER
L.L.Bean, **$45,** llbean.com.



DRESS
UrbanOG, **$30,** urbanog.com

STILLLIFES: JESUS AYALA/STUDIO D. STILLLIFES STYLIST: JESSIE LIEBMAN FOR R.J. BENNETT REPRESENTS. RUNWAY PHOTO: DAN AND CORINA LECCA. BACKSTAGE PHOTO: ANTONELLO TRIO.

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BEAUTY



lipstick
Milani Lipstick in Matte Diva, **$5,** CVS stores

gloss
CoverGirl Smoochies Sizzle Gloss in Girls' Night Out, **$5,** drugstores

lipstick
Clinique Pop Lip Colour + Primer in Poppy Pop, **$18,** clinique.com

gloss
Lancôme Juicy Tubes in Corail Neo Neon, **$18,** lancome-usa.com

OBSESSED!

make it POP

The coolest way to rock summer's mouthwatering lip shades: Top them with coordinating gloss.

BY **MARTA TOPRAN**

lipstick
Maybelline New York Color Sensational Vivids in Brazen Berry, **$7.50,** maybelline.com

gloss
Revlon Super Lustrous Lipgloss in Violet Sugar, **$8,** drugstores

lipstick
MAC Giambattista Valli Lipstick in Bianca B, **$17.50,** maccosmetics.com

gloss
Burt's Bees Lip Shine in Whisper, **$7,** burtsbees.com

turn the page for more kissable tips

STILL LIFES: JON PATERSON. STILL LIFES STYLIST: JULIE FLYNN FOR HALLEY RESOURCES.

prep for your perfect MAKEOUT

Go ahead, lean in! These smooch-tested tips will give you major kiss confidence. by **JILLIAN RUFFO**





Rimmel London Keep Calm and Lip Balm in Pink Blush, **$2,** drugstores; Lush Cosmetics Bubblegum Lip Scrub, **$10,** lushusa.com

1 GIVE YOURSELF A LIP FACIAL

A chapped pucker is a makeout buzzkill. Ditch dry skin by gently massaging a sugar-based lip scrub all over your lips for about 10 seconds. Rub off any excess and then apply lip balm to seal in moisture.

2 CHECK YOUR BREATH

Before your date, floss, then brush for two whole minutes, paying attention to your tongue: It's a hot spot for bacteria, which causes bad breath, says cosmetic dentist Jonathan B. Levine, D.M.D. Stash a mini mouthwash in your bag for later—just make sure it's alcohol-free. Alcohol is dehydrating—a bad thing since saliva helps clear away bacteria.



Colgate Total Advanced Pro-Shield Mouthwash Travel Size, **$1,** Walmart stores

3 PICK A POUT

No matter your style, there's a formula you'll heart. (See below.) Best part? These won't rub off on your bae!

IF YOU ♥ YUMMY FLAVOR

You can't go wrong with a kiss of watermelon.

Chapstick Tropical Paradise Collection: Watermelon Splash, **$2,** Walmart stores

IF YOU ♥ MEGA SHINE

A lip oil scores you the gleam of a gloss without the messy goop.

YSL Volupté Tint-In-Oil in No. 8 Pink About Me, **$32,** yslbeautyus.com

IF YOU ♥ A PRETTY POP

Unlike most stains, a balm hybrid keeps lips hydrated (and bright!).

Revlon Colorburst Balm Stain in Lovesick, **$9,** drugstores

IF YOU ♥ BOLD COLOR

Swipe on a liquid lipstick. Once it sets, it won't budge.

Sephora Collection Rouge Infusion in No. 12 Cherry Nectar, **$14,** sephora.com

IF YOU ♥ SUPER-FULL LIPS

A plumper (this one tastes like cinnamon) adds extra oomph.

Alba Botanica Fast Fix for Thin Lips Tinted Plumping Gloss, **$6,** Target stores



MAIN PHOTO: ARTHUR BELEBEAU; STILL LIFES: J. MUCKLE/STUDIO D.


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FACETIME

DIY skin solutions

Treat summer probs with these recipes from Mathilde Thomas, founder of Caudalíe. (Rita Ora is a fan!) by JILLIAN RUFFO



Keep it fresh! After whipping up your recipe, stash any leftover treatment in the fridge for up to three days.

FOR A DRY BOD
grape & sugar scrub



OUR ADVICE "If your skin craves moisture, go heavier on the grape-seed oil." —JILLIAN, BEAUTY ASSISTANT

WHAT YOU'LL NEED
- 4 tbsp. brown sugar
- 1 cup grapes with seeds
- ⅓ cup grape-seed oil
- 4 tbsp. honey

1. Combine the sugar and grapes in a blender for 5 seconds or until slightly gritty.
2. Pour in oil, then honey. (Both help hydrate.)
3. Preshower, massage mixture into skin; spend extra time on rough spots like knees and elbows. Rinse.

FOR A SUNBURN
strawberry salve

WHAT YOU'LL NEED
- a handful of strawberries (about 5)
- ⅓ cup plain yogurt

OUR ADVICE "Look for super-ripe strawberries—they're way easier to squish." —MARTA, DEPUTY BEAUTY EDITOR

1. Mash strawberries until they're smooth, then add yogurt.
2. Slather mixture on burned spots; rinse off after 15 minutes. The berries will cut the sting while the probiotics in the yogurt soothe.

FOR BREAKOUTS
milk & honey mask



OUR ADVICE "I like to put this all over my face. It makes my pores look smaller!" —GABRIELLA, BEAUTY INTERN

WHAT YOU'LL NEED
- 1 tsp. brewer's yeast
- 1 tsp. milk
- 1 tbsp. honey
- 3 oz. plain yogurt
- rosewater (optional)

1. Mix yeast (it kills bacteria) and milk in a bowl. Put it by a sunny window for 30 minutes or until bubbles form.
2. Whisk in honey and yogurt. (Both ingredients are anti-inflammatory.)
3. Dab it on acne; after 10 minutes, wipe off with pore-tightening rosewater, or rinse.

FOR OILY SKIN
cucumber toner



OUR ADVICE "Store it in a spray bottle in the fridge for a refreshing mist." —MADDY, BEAUTY EDITOR

WHAT YOU'LL NEED
- ½ cup cucumber juice
- 4 tbsp. witch hazel

1. Juice a cucumber, then mix with witch hazel. (No juicer? Just grate the cucumber and strain it.)
2. Rub the mixture on with a cotton pad. The duo detoxifies your skin, cleaning out pores and absorbing excess shine.



WANT MORE TIPS? Read Thomas's book, *The French Beauty Solution* ($27, Penguin, wherever books are sold), for awesome—and easy!—skin advice.

PINTEREST.COM/SEVENTEEN Score tons of style and beauty DIYs!

STILL LIFES: JON PATERSON/STUDIO D. STILL LIFE STYLIST: JULIE FLYNN FOR HALLEY RESOURCES.


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5 WAYS to look tanner

These surprising (and sun-free!) hacks will trick people into thinking you're a golden goddess. by JILLIAN RUFFO



1 brighten your eyes

Top your go-to black with turquoise liner and mascara. Blue tones make skin look sun-kissed.

CoverGirl Ink It! By Perfect Point Plus in Aquamarine Ink, **$6,** drugstores; Benefit They're Real! Mascara in Beyond Blue, **$24,** ULTA stores

2 change up your cheeks

Layer a red-based blush under your bronzer—it'll pop through to give your skin that sun-flushed look, says celebrity makeup artist Nina Park.

Lancôme Blush Subtil Crème in Corail Alizé, **$24,** lancome-usa.com; Revlon Photoready Skinlights in Bronze Light, **$13,** drugstores

3 moisturize

Light doesn't reflect well off dry skin, so simply hydrating will make your bod look more glowy, says St. Tropez Spray Tan Expert Sophie Evans. Slather on lotion right after the shower—before toweling off—to lock in moisture.

Jergens Wet Skin Moisturizer, **$7,** drugstores

4 rock pastel lips

Go for a super-pale, white-based peach or pink hue to up the contrast with your skin tone.

Maybelline New York Baby Lips Moisturizing Lip Gloss in Pink-A-Boo, **$6.50,** drugstores; NYX Cosmetics High Voltage Lipstick in Pink Lady, **$6,** nyxcosmetics.com

5 get a neon mani

Besides screaming "Summer!" fluorescent tips will make your hands seem a shade darker.

From left: Sally Hansen Hard As Nails Xtreme Wear in Pin-K Point, **$3,** drugstores; OPI Nail Lacquer in Life Gave Me Lemons, **$9.50,** ulta.com; Wet N Wild Wild Shine Nail Color in D'oh!, **$1,** drugstores; Zoya Nail Lacquer in Rocha, **$9,** zoya.com; Essie Nail Polish in Make Some Noise, **$8.50,** essie.com

SEVENTEEN.COM/BEAUTY Hack your beauty routine.

MAIN PHOTO: SAMANTHA LEVI. STILL LIFES: J MUCKLE/STUDIO D.







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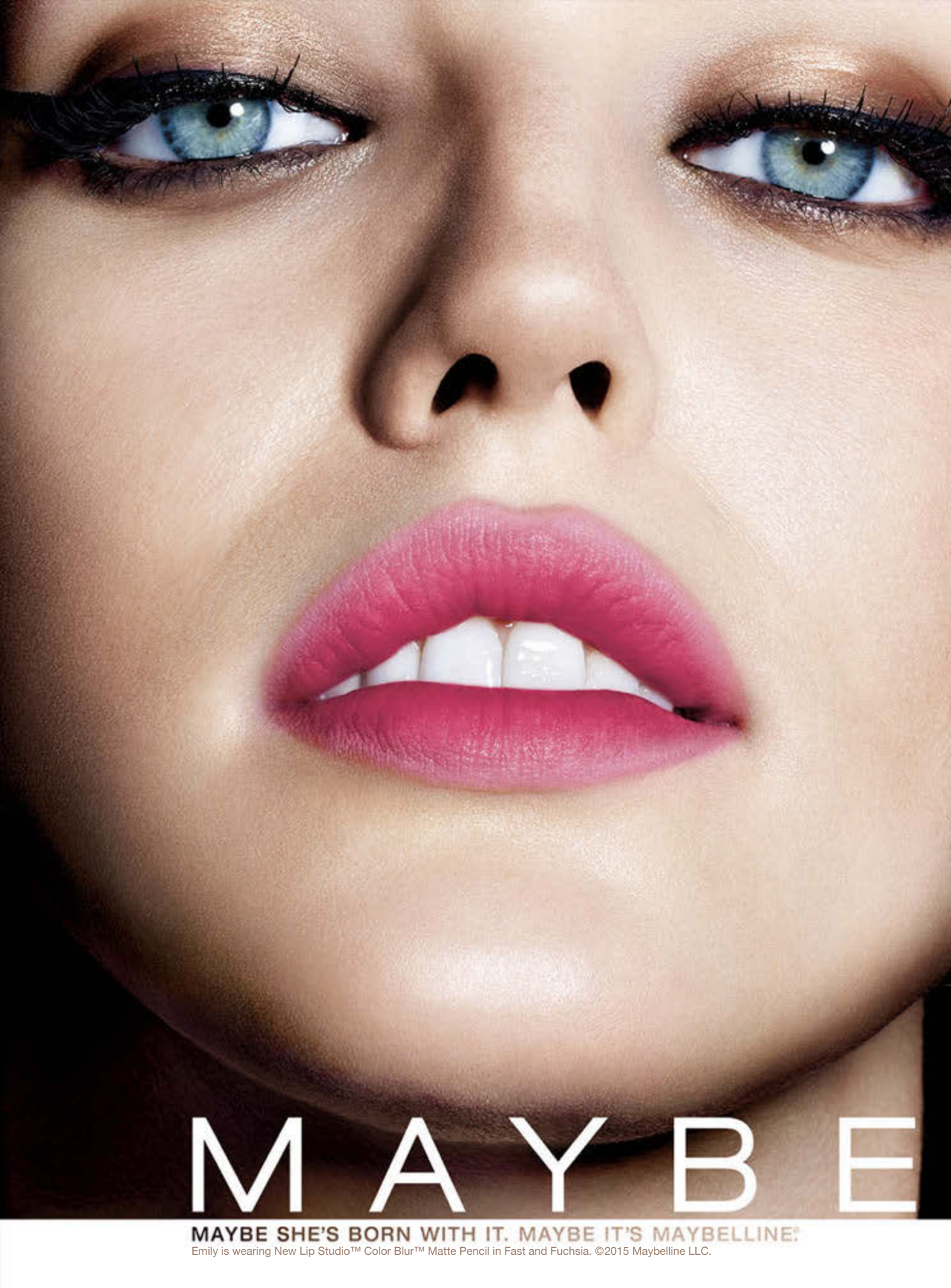
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Emily is wearing New Eye Studio® Brow Define + Fill Duo in Soft Brown. ©2015 Maybelline LLC.



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Emily is wearing New Lip Studio™ Color Blur™ Matte Pencil in Fast and Fuchsia. ©2015 Maybelline LLC.

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10 Bright Matte Shades

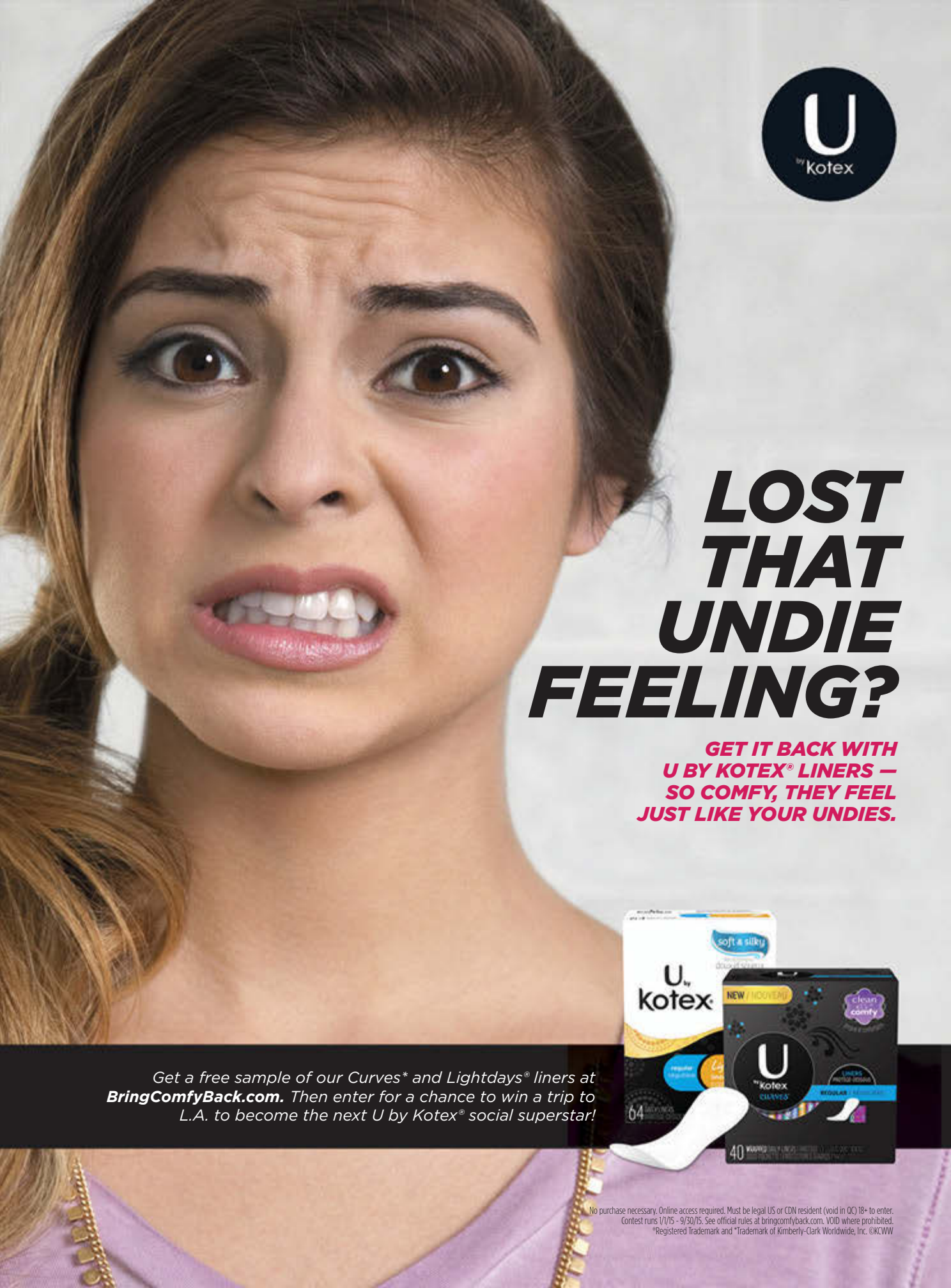
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never get BURNED AGAIN!

Use sunscreen and *still* get red in random places? Here's how to sun-proof those sneaky spots that always seem to fry. by **MADDY ZOLLO**



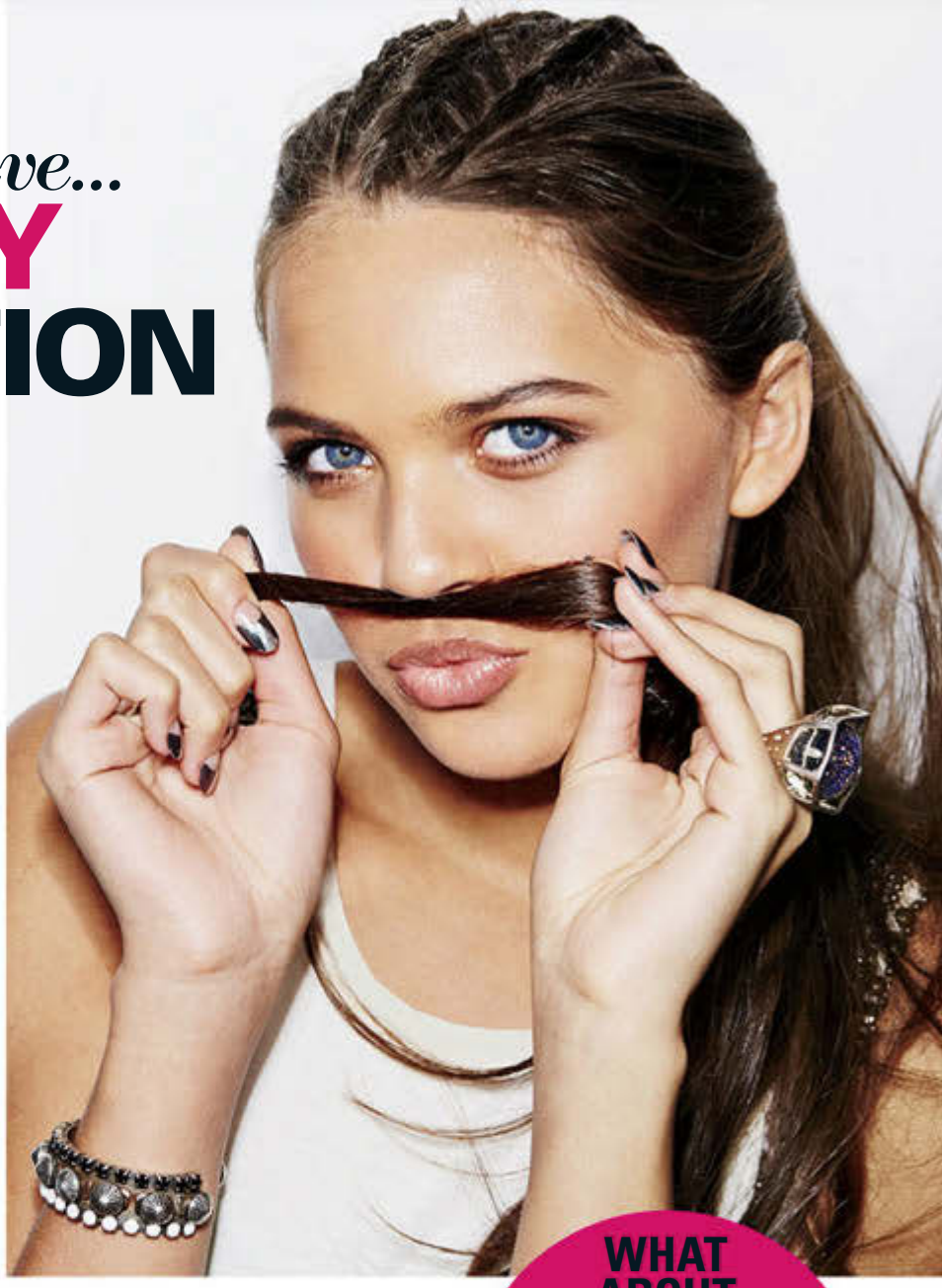
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how to survive... A HAIRY SITUATION

With these expert tools and techniques, it's easy to say buh-bye to fuzz.

by **MADDY ZOLLO**



brows

Top Tool: Flat-slant tweezers are the best (and most user-friendly) at grabbing tiny hairs.

Pro Trick: Grip strays at their base, not tip (which can break off), and pull in the direction of the growth.

Tweezerman Floral Sorbet Mini Slant Tweezer, **$16,** sephora.com



upper lip

Top Tool: Wax removes hairs at the root, so you'll be fuzz-free longer, says GiGi hair-removal pro Regina Rodriguez.

Pro Trick: Use a numbing wipe 10 minutes before.

Sally Hansen Ouch-Relief Numbing Wipes, **$3** for nine, drugstores; Nair Ultimate Roll-On Wax for Face Moroccan Argan Oil, **$9,** drugstores



cheeks

Top Tool: Facial depilatory cream is great for larger areas and won't leave stubble.

Pro Trick: Don't keep it on longer than directed, and apply it before bed in case you get a little red.

Olay Smooth Finish Facial Hair Removal Duo Medium to Coarse Hair, **$24,** drugstores



arms

Top Tool: A kit that lightens dark forearm hair to a subtle golden hue.

Pro Trick: Do a patch test beforehand to make sure you're not allergic.

Sol De Janeiro Golden Body Veil, **$39,** soldejaneiro.com



WHAT ABOUT INGROWNS?

Those bumps are caused when a hair gets curled up and trapped underneath the skin. If you get one, don't pick: You'll risk infection. Instead dab on a salicylic acid spot treatment to help dislodge the hair from under the skin. (Try pressing on it with a warm washcloth first to open up the pore.) If it gets really large or red, see your doctor.

underarms

Top Tool: A razor with a pivoting head to glide over bumpy surfaces.

Pro Trick: Shave in the shape of a plus sign to get every hair, says Jessica Johnson, Completely Bare's hair-removal expert.

Gillette Venus Swirl Razor, **$13,** drugstores



legs

Top Tools: A fresh razor and shave gel.

Pro Trick: Besides moisturizing, gel acts as a guide so you don't shave over the same spot twice, which can irritate skin, says dermatologist Jody Levine, M.D.

Skintimate Skin Therapy Silky Skin Shave Gel, **$3,** drugstores



bikini line

Top Tool: Avoid razor burn with a depilatory made specifically for coarser hair.

Pro Trick: Plan ahead. Don't use it the A.M. of a beach day—it can cause sun sensitivity.

Bliss 'Fuzz' Off Bikini, **$30,** ulta.com



MAIN PHOTO: TOM CORBETT. STILL LIFES: J. MUCKLE/STUDIO D.

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deck out YOUR DO

Bored with your topknot? Emi Jay's founders tell you how to work hair accessories like a boss. by **MARTA TOPRAN**



DOUBLE UP ON **BANDS**

"When it's hot out, I love a headband," says Julianne (who likes leather to add texture). Wearing two at a time gives your look a major personality boost.

PLACE **BAUBLES** *IN YOUR BUN*

"I'm a huge fan of messy buns—my go-to for bad hair days! Adding pearl accents instantly elevates the look," says Emily.

Emi Jay Blair Bobby Pins, **$10** each, emi-jay.com

"SUMMER IS THE BEST TIME TO *EXPERIMENT WITH NEW LOOKS* (NO SCHOOL!) AND SWITCH THINGS UP A BIT."
–EMILY

MAIN PHOTOS: CHRIS ECKERT/STUDIO D. HAIR: THOMAS DUNKIN AT BRIDGE. MAKEUP: TINA TURNBOW USING DIORSKIN NUDE AT CROSBY CARTER MANAGEMENT. MANICURE: MAKI SAKAMOTO AT KATE RYAN INC FOR CHANEL LEVERNIS. ON JULIANNE: TOP, RONNY KOBO; SKIRT, BB&G MAX AZRIA; MULTICOLOR HEADBAND, LELET NY; BLUE HEADBAND, DAUPHINES OF NEW YORK; ALL JEWELRY, HER OWN. ON EMILY: TOP AND SKIRT, J.O.A.; ALL JEWELRY, HER OWN; HAIR PINS, EMI JAY. STILL LIFES: JON PATERSON/STUDIO D.


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CONDITIONER

meet EMILY

SCHOOL: New York University

MAJOR: Art History

MANE CONFESSION: "I wash it only a couple times a week—this dry shampoo saves me. I also love this salt spray to enhance my natural wavy texture."



Serge Normant Meta Revive Dry Shampoo, **$25,** nordstrom.com; Bumble and Bumble Surf Spray, **$27,** Sephora stores



Hair Design Access Sylvain Le Hen Barrettes, **$76** for each of these extra long styles, needsupply.com

ROCK A WIDE BARRETTE

Not only are they trendy right now, but they also pull your look together in seconds. "You can just hop out of the shower or leave the beach, pin your hair back, and call it a day," says Emily. (Below she's wearing a rose-gold barrette she got while studying abroad in Paris; also available in silver and gold, at left.)





"BOBBY PINS, SOMETHING SO *SIMPLE AND AFFORDABLE,* CAN BE USED IN CREATIVE WAYS."



Remington Pastel Bobby Pins, **$3** for 45, Target stores

GET ARTSY WITH PINS

Create a cool chevron design on the cheap with colored pins. (Place them bumpy side down—that way, they grip into hair.) Can't find the hues you like? DIY by painting plain pins with nail polish.

ON EMILY: (MAIN PHOTO) DRESS, MARA HOFFMAN; (INSET) DRESS, CLOVER CANYON

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STRENGTH *from within*

This season, your hair is the ultimate accessory.

Let your style shine with healthy and nourished locks. Pantene conditioner, when used with Pantene shampoo, can make hair 2X stronger* than shampooing alone.



Locking in intense moisture from root to tip, **Pantene Daily Moisture Renewal Shampoo and Conditioner** can help you rock flawless, gorgeous hair all season long.

GOODBYE, TRESS STRESS!

Shampoo works near the surface to help prevent build-up of mineral impurities (which weaken hair over time), ensuring hair stays strong against damage.

HELLO, GAME-CHANGER!

Pantene's powerful weapon, Histidine, goes deep into the hair's core to work its magic from the inside.

THANK YOU, MEGA MOISTURE!

Protecting hair from dryness and damage, **Pantene Daily Moisture Renewal** gives your locks serious TLC and makes your hair soft and manageable.

*strength against damage; Pantene shampoo + conditioner system vs. the shampoo alone.



Learn more at Pantene.com.

PANTENE



"THIS LOOK REMINDS ME OF THE '80S. IT'S *GREAT FOR A NIGHT OUT*— OR EVEN A WORKOUT."

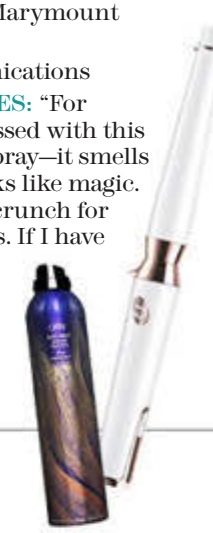
meet JULIANNE

SCHOOL: Loyola Marymount University

MAJOR: Communications

HAIR MUST-HAVES: "For summer, I'm obsessed with this Oribe beach hairspray—it smells heavenly and works like magic. I spritz it in and scrunch for quick messy waves. If I have more time, I'll use this iron, too."

Oribe Après Beach Wave and Shine Spray, **$39,** oribe.com; T3 Whirl Trio, **$230** for base and three barrels, t3micro.com for stores



HAVE A GARDEN PARTY

Mixing girly accessories, like these camellia barrettes, with edgier, almost-tangled waves is a fun look for a day party, says Julianne. Just pull the top half of your hair into a pony and twist it into a mini bun—it'll look like a hair rosette—and pin. (Let the ends hang loose.) Then add in floral accents.

Emi Jay Leather Camellia Barrettes, **$35** each, emi-jay.com



Emi Jay Blue Ombré 5-Pack of Hair Ties, **$11,** emi-jay.com



Pantene Pro-V Blowout Extend Dry Shampoo, **$7,** drugstores

PLAY UP YOUR PONY

Decorate your everyday tail with a row of ombré fabric hair ties. It's perfect on second- or third-day hair—just spritz in some dry shampoo beforehand to absorb oil.



ON JULIANNE: (MAIN PHOTO) TOP AND SKIRT, VASSALLO; ALL JEWELRY, HER OWN; (INSET) TOP, ELIZABETH AND JAMES

ADVERTISEMENT

bold new beauty

5 new and exclusive products

from Walgreens to take your look to the next level



Available in 12 trending colors



sheer view

Set your sights on one of 12 matte and metallic shades of **Almay Intense i-Color shadow softies™** for light-as-air application and sheer, crease-free color.

stay fresh

Beat the heat with **Dove Women Dry Spray**—it goes on dry for an instant clean feeling, leaving underarms soft, smooth and feeling residue-free.



lash out

Transform even your smallest lashes with new **COVERGIRL The Super Sizer by LashBlast Mascara**. Using its unique Lash Styler, twirl as you apply for full, fanned-out lashes.



Walgreens Exclusive!

major mani

Let your mani make a statement with **essie® Romper Room**, **essie® First Timer** and **essie® Come Here!**—available exclusively in-store and on Walgreens.com.



making waves

Get summer's hottest hair with **Toni&Guy® Casual Sea Salt Texturising Spray**. Natural, beachy waves show off your effortless style.

Visit the nearest store or follow **#WalgreensBeauty** for the latest products and exclusives.

Walgreens

cheap THRILLS

Babes on a budget, you'll ❤ these finds—just $10 and under!

by **JILLIAN RUFFO**

skin win

Slay your no-makeup selfie game with this zit-erasing scrub.

Neutrogena Rapid Clear Foaming Scrub, **$8**, drugstores

style saver

Squeeze an extra day (or two!) out of your blowout with this primer.

Not Your Mother's Déjà Vu 'Do Style Extender, **$9**, ULTA stores

mirror, mirror

This is the answer to "Who's the prettiest compact of them all?"

Revlon by Marchesa Mirror, **$7**, drugstores

glow pro

Bright cream blush is a quick way to reach your summer beauty #goals.

Jordana Cosmetics Color Tint Blush Stick in Hot, Hot, Hot, **$3**, jordanacosmetics.com

soft-serve

Tiny beads in this bar make skin oh-so-smooth.

Dove Summer Care Beauty Bar, **$8.50** for six, drugstores

tail upgrade

What crease? These pony holders leave zero marks.

Invisibobble in Candy Pink, **$8** for three, Urban Outfitters stores

glisten up

Pearlescent polish spiked with glitter means next-level nails.

Sally Hansen Pearl Crush in Lady Crab, **$6**, drugstores

throw shade

Score six wear-anywhere shadows—for less than $1 each!

Essence All About... Eyeshadow Palette in All About Sunrise, **$5**, ulta.com

magic stick

Rock gorgeous color and mega shine without any stickiness.

CoverGirl Jumbo Gloss Balm Cream in Nectarine Dream, **$7**, drugstores

it's the balm

Chapped lips, dry cuticles, flaky elbows—you can put this anywhere.

L'Occitane Ultra Soft Apricot Balm, **$6**, usa.loccitane.com

STILLLIFES: JON PATTERSON/STUDIO D.



Forget home remedies and over-the-counter acne solutions that haven't worked for you. Team up with your doctor and start fighting breakouts with Epiduo (*adapalene and benzoyl peroxide*) Gel 0.1%/2.5%. Why? It's a once-a-day gel that treats the pimples you have and helps prevent new ones from forming with 2 antibiotic-free medicines that work together. That's the duo in Epiduo.

GO TO EPIDUO.COM TODAY TO FIND OUT HOW YOU COULD SAVE ON EPIDUO GEL.*

IMPORTANT SAFETY INFORMATION: Indication: EPIDUO® Gel is indicated for the topical treatment of acne vulgaris in patients 9 years of age and older. **Adverse Events:** In controlled clinical studies, the most commonly reported adverse events (≥1%) in patients treated with EPIDUO® Gel were dry skin, contact dermatitis, application site burning, application site irritation and skin irritation. **Warnings/ Precautions:** Patients taking EPIDUO® Gel should avoid exposure to sunlight and sunlamps and wear sunscreen when sun exposure cannot be avoided. Erythema, scaling, dryness, stinging/burning, irritant and allergic contact dermatitis may occur with use of EPIDUO® Gel and may necessitate discontinuation.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see Brief Summary of Prescribing Information on next page.

*For most insured patients. Restrictions apply. See Epiduo.com/rebate for details. Not valid for prescriptions reimbursed under Federal/State programs. Uninsured patients please go to Epiduo.com/rebate for more information.



Epiduo® (adapalene and benzoyl peroxide) Gel 0.1%/2.5%



GALDERMA

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IMPORTANT INFORMATION ABOUT

EPIDUO® GEL

(adapalene and benzoyl peroxide) Gel, 0.1% / 2.5%

BRIEF SUMMARY

This summary contains important information about EPIDUO (EP-E-Do-Oh) gel. It is not meant to take the place of your doctor's instructions. Read this information carefully before you start using EPIDUO gel. Ask your doctor or pharmacist if you do not understand any of this information or if you want to know more about EPIDUO gel. For full Prescribing Information and Patient Information please see the package insert.

WHAT IS EPIDUO GEL?

EPIDUO gel is a prescription medicine for skin use only (topical) used to treat acne vulgaris in people 9 years of age or older. Acne vulgaris is a condition in which the skin has blackheads, whiteheads, and pimples.

WHO IS EPIDUO GEL FOR?

EPIDUO gel is for use in people 9 years of age and older. It is not known if EPIDUO gel is safe and effective for children younger than 9 years old.

Do not use EPIDUO gel for a condition for which it was not prescribed. Do not give EPIDUO gel to other people, even if they have the same symptoms you have. It may harm them.

WHAT SHOULD I TELL MY DOCTOR BEFORE USING EPIDUO GEL?

Before you use EPIDUO gel, tell your doctor if you:

- have other skin problems, including cuts or sunburn.
- have any other medical conditions.
- are pregnant or planning to become pregnant. It is not known if EPIDUO gel can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if EPIDUO gel passes into your breast milk and if it can harm your baby. Talk to your doctor about the best way to feed your baby if you use EPIDUO gel.

Tell your doctor about all of the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements.

- Especially tell your doctor if you use any other medicine for acne. Using EPIDUO gel with topical medicines that contain sulfur, resorcinol or salicylic acid may cause skin irritation.
- Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

WHAT SHOULD I AVOID WHILE USING EPIDUO GEL?

- You should avoid spending time in sunlight or artificial sunlight, such as tanning beds or sunlamps. EPIDUO gel can make your skin sensitive to sun and the light from tanning beds and sunlamps. You should wear sunscreen and wear a hat and clothes that cover the areas treated with EPIDUO gel if you have to be in the sunlight.
- You should avoid weather extremes such as wind and cold as this may cause irritation to your skin.
- You should avoid applying EPIDUO gel to cuts, abrasions and sunburned skin.
- You should avoid skin products that may dry or irritate your skin such as harsh soaps, astringents, cosmetics that have strong skin drying effects and products containing high levels of alcohol.
- You should avoid the use of "waxing" as a hair removal method on skin treated with EPIDUO gel.
- EPIDUO gel may bleach your clothes or hair. Allow EPIDUO gel to dry completely before dressing to prevent bleaching of your clothes.

WHAT ARE THE MOST COMMON SIDE EFFECTS OF EPIDUO GEL?

The most commonly reported side effects when using EPIDUO gel include erythema, scaling, dryness, application site irritation, stinging and burning.

Depending upon the severity of these side effects, patients should be instructed to use a moisturizer, reduce the frequency of the application of EPIDUO gel, or discontinue use.

Tell your doctor right away if these side effects continue for longer than 4 weeks or get worse, you may have to stop using EPIDUO gel. Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of EPIDUO gel. For more information, ask your doctor or pharmacist.

You are encouraged to report negative side effects of prescription drugs to the FDA at *www.fda.gov/medwatch* or call 1-800-FDA-1088. You may also contact GALDERMA LABORATORIES, L.P. AT 1-866-735-4137.

HOW SHOULD I USE EPIDUO GEL?

- Use EPIDUO gel exactly as your doctor tells you to use it. EPIDUO gel is for skin use only. Do not use EPIDUO gel in or on your mouth, eyes, or vagina.
- Apply EPIDUO gel 1 time a day.
- Do not use more EPIDUO gel than you need to cover the treatment area. Using too much EPIDUO gel or using it more than 1 time a day may increase your chance of skin irritation.

APPLYING EPIDUO GEL:

- Wash the area where the gel will be applied with a mild cleanser and pat dry.
- EPIDUO gel comes in a tube and a pump. If you have been prescribed the:
 - Tube: Squeeze a small amount (about the size of a pea) of EPIDUO gel onto your fingertips and spread a thin layer over the affected area.
 - Pump: Depress the pump to dispense a small amount (about the size of a pea) of EPIDUO gel and spread a thin layer over the affected area.

WHERE SHOULD I GO FOR MORE INFORMATION ABOUT EPIDUO GEL?

- Talk to your doctor or pharmacist
- Go to **www.epiduo.com** or call **1-866-735-4137**

GALDERMA LABORATORIES, L.P., Fort Worth, Texas 76177 USA
Revised: February 2013

GALDERMA

Epiduo®
(adapalene and benzoyl peroxide) Gel 0.1% / 2.5%

beauty NEWSFEED

These hot new products will basically change your life.
by MADDY ZOLLO



PUCKER UP

Forget about the #kyliejennerlipchallenge. To get a notice-me pout, just swipe on one of Smith & Cult's super-shiny lip lacquers. (No torture required.)

Smith & Cult The Shining Lip Lacquers in (from top) Fade the Sun, Hi-Speed Sonnet, Life In Photographs, and The Warning, **$22** each, smithandcult.com

GET TAN IN THE SHOWER

For real! After washing, rub on St. Tropez's new lotion and rinse after three minutes. Your glow gradually develops—totally stink-free.



St. Tropez Gradual Tan In Shower Lotion, **$25**, ulta.com



READY, SET, SHOP!

The best beauty deals of the year happen the third week in August. Download *RetailMeNot* (free on the App Store) to track discounts and score coupon codes for a budget-friendly haul.



WHO NEEDS A FILTER?

Perfect your complexion IRL and on Insta with Make Up For Ever's HD foundation. The revamped formula works with 4K cameras (the ones that capture Every. Single. Pore) to keep you flawless.

*Available in 40 colors to match every skin tone!

Make Up For Ever Ultra HD Foundation in (from left) R210, Y325, and R540, **$43** each, sephora.com



Juicy Couture I Am Juicy Couture Eau de Parfum, **$94** for 3.4 oz., macys.com

EAU SO GOOD

With sweet raspberry, passion fruit, cozy cashmere, and musk notes, Juicy's new scent was made for memorable summer nights.

WANT A BTS MAKEOVER?

Come to New York City on August 6 for Look Good Feel Better's National Beauty Editors Day at Saks Fifth Avenue from 4 p.m. to 8 p.m. For just $40 (proceeds go to help cancer patients), you'll get personalized tips from *Seventeen*'s deputy beauty editor, Marta Topran, plus a 30-minute makeover and swag from one of 25 awesome brands (your pick!). To book an appointment, go here: lookgoodfeelbetter.org/register.

MAIN PHOTO: CHRIS ECKERT/STUDIO D. STILL LIFES: J MUCKLE/STUDIO D.

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INTRODUCING PADS WITH SPORT LEVEL PROTECTION.™



Qwik-Dry™

FlexFit™

New Ultra Thin Pads from **Playtex® Sport®** have a Qwik-Dry Absorbent Core to keep you feeling fresh, and a FlexFit design to twist and turn with your body. Sport Level Protection,™ so you can Play On.®





MODEL MOMENT

Name: Annika Backes
Hometown: Denver, CO
Instagram: @Annikabackes
Current obsession: "My Fitbit! I love that it keeps track of all the progress I'm making when I'm working out."

BODY& HEALTH

TAKE A HIKE!

When the weather is ah-mazing, the last place you want to be is stuck on a treadmill. You can still stay on top of your health goals by moving your workout to a hiking trail. Learn how to take your fitness game to new heights. (Literally!) »»

by **ANDREA STANLEY**

PHOTOGRAPHER: CHRIS ECKERT/STUDIO D. FASHION EDITOR: AEYUNG KIM. HAIR AND MAKEUP: ERICA WHELAN USING KEVYN AUCOIN BEAUTY. ON ANNIKA: VEST, NAU; TEE, ADIDAS; LEGGINGS, EXPRESS; BACKPACK, BURTON. ON NICOLE: SPORTS BRA, ADIDAS; LEGGINGS, SPLITS59; JACKET (AROUND WAIST), NAU; BANDANNA, BLISS AND MISCHIEF; BACKPACK, BURTON.

GEAR UP!

You'll be wild about these items that will get you fully prepped to tackle new terrain.

1. BACKPACK Choose a lightweight one that you won't mind getting dirty.
Columbia Day Pack, **$45,** jcpenney.com

2. HEADBAND You'll be stylishly sporty—and it will keep sweat from dripping down your face.
Dr. Cool Chillband Studio Headband, **$12,** drcoolrecovery.com

3. WHISTLE You'll need it just in case you wander off the trail and get lost.
Fox 40 Classic Whistle, **$7,** fox40world.com

4. SUNGLASSES Don't let the sun's glare keep you from admiring the killer views.
Jessica Simpson Collection sunglasses, **$50,** amazon.com

5. SNACK BAR Bring one for every hour you'll be out. A good pick has nuts and real fruit to keep your energy up.
Qi'a Snack bar, **$2,** naturespath.com

6. SPOT SUNSCREEN For nose, lips, and ears.
Clinique Sun Broad Spectrum SPF 45 Sunscreen Targeted Protection Stick, **$21,** clinique.com

7. BUG SPRAY Yes, there may *actually* be insects. Bonus: This one has SPF!
Avon Skin So Soft Bug Guard Plus IR3535 Expedition SPF 30 Aerosol Spray, **$16,** avon.com

8. BAND-AIDS These are so cute you won't mind sporting one if you get a small scrape.
Band-Aid Brand Adhesive Bandages by Oh Joy!, **$2.50,** target.com

9. CAMERA Save your charge and go old-school.
Polaroid Cube, **$100,** polaroid.com

10. FACE SUNSCREEN Because, obviously.
Coppertone CLEARLYSheer For Sunny Days Faces SPF 30, **$9,** drugstore.com

11. WATER BOTTLE Make sure to bring along 32 oz. for every mile. And remember to take frequent sips as you go.
S'well water bottle, **$25,** swellbottle.com

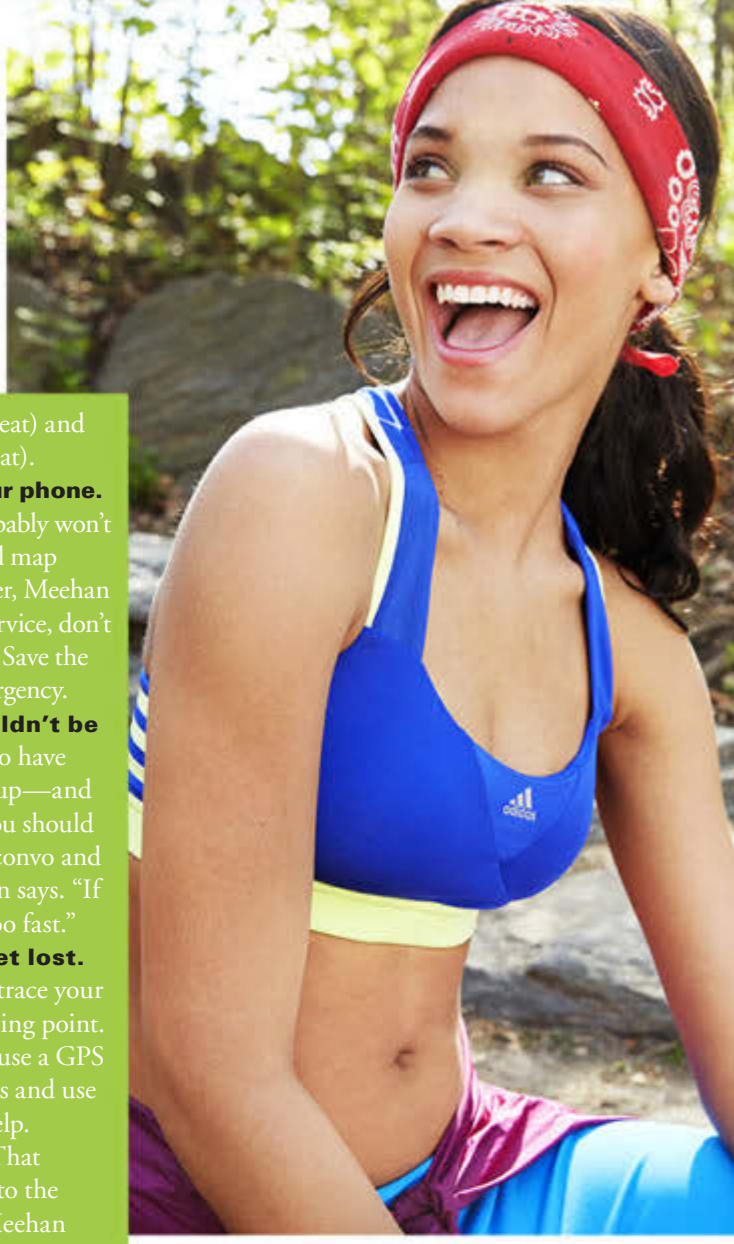
12. FRUIT Oranges are full of antioxidants, which help keep your muscles from getting sore. Plus, they're easily shareable with friends.



STILL LIFES: JON PATERSON/STUDIO D. STILL LIFES STYLIST: JULIE FLYNN FOR HALLEY RESOURCES. SWIFT: BAUER-GRIFFIN/GC IMAGES. GOMEZ: RINDOFF/LE SEGRETAIN/FRENCH SELECT/GETTY IMAGES. HADID: GETTY IMAGES.

hiking 101

Nail every trail with this advice from Colby Meehan, a teen wilderness coordinator for the Appalachian Mountain Club.



Know your options. Hit up a state park where routes are well kept and clearly marked—not a random path you *think* ends up somewhere cool. "A starter hike should be around a mile and a half long and take about an hour," Meehan says.

Share your game plan. Now is not the time to tell the parents you're at Starbucks with your BFF when you're *really* hiking with your bae. Let them know where you're going and when to expect you back.

Go with your squad. There's nothing like bonding with your besties amid beautiful scenery. Not only can you chat about *The Fosters* (#Brallie!), but it's also key to invite friends in case a 911 situation comes up.

Keep your #OOTD casual. If the trail is rocky, go with all-terrain sneakers. If not, you can wear your Converse. (Make sure they're worn in to prevent any blisters.) Avoid wearing all black (you'll overheat) and cotton (it absorbs sweat).

Don't count on your phone. Truth: Reception probably won't be great, so grab a trail map from the visitor's center, Meehan says. If you do have service, don't Snapchat every move. Save the battery in case of emergency.

The struggle shouldn't be *too* real. You need to have enough energy to go up—and come back down. "You should be able to carry on a convo and look around," Meehan says. "If not, you're walking too fast."

Stay chill if you get lost. If you're on a path, retrace your steps back to the starting point. If you're off the trail, use a GPS app or listen for hikers and use a whistle to call for help.

Party at the top. That feeling when you get to the peak is everything. Meehan says pack a deck of cards so you have an activity to do as you take in the view and refuel.

MODEL MOMENT

Name: Nicole Whittaker **Hometown:** Bodden Town, Cayman Islands **Instagram:** @nicolewhittaker_ **Fave workout song:** "I listen to a lot of Caribbean music—and anything by Rihanna."

INSTA HIKING INSPO

Choose a hike that piques your interest—and follow the lead of these active A-listers.



if you're like TAYLOR SWIFT...



FIND A WATERFALL Your playful side will love splashing around in secret swimming holes, just like the singer and the Haim sisters.



if you're like SELENA GOMEZ...



SCALE A CANYON Your adventurous side will love the killer views and boost of adrenaline from taking on *Hunger Games*–worthy rocks on a mountain hike.



if you're like GIGI HADID...



EXPLORE WIDE-OPEN SPACES Your creative, artsy side will love insanely vast quiet areas that inspire you to stop and sketch or meditate.

ANATOMY OF A CRUSH

Sweaty palms. Pounding heart. All the reasons your body goes cray when a certain someone is around!



brain

Obsessing over a crush creates anxiety, which causes the logical thinking part of your brain to temporarily shut down (hint: the part that tells you to stop stalking his Snapchat), says Theodote K. Pontikes, M.D., a psychiatrist at Loyola University Health System.

throat

Your #crushoftheweek asks if you're going to the football game and all of a sudden you sound as raspy as Lorde. What gives? When chatting with someone you think is hot, research shows your voice subtly changes to match that person's tone.

chest

Getting *thisclose* to your crush causes your body to release a burst of adrenaline, which makes your heart beat faster and louder (not to mention makes you blush), explains Lucy Brown, Ph.D., a clinical professor of neurology at the Albert Einstein College of Medicine. BTW, no one can hear it but you.

stomach

Oh, hey, butterflies. One theory: The extra adrenaline in your body causes blood to flow away from your stomach—giving you that fluttery feeling. (You know, sort of like how you feel weird when you get light-headed.)

hands

When you're feeling all the feels, your sweat glands are operating in overdrive (thanks again, adrenaline!), which can lead to clammy palms, Brown says.

knees

When you have a brush with your crush, stress hormones can tire out your muscles—and since the knees hold up most of the body's weight, it can *actually* cause them to buckle. Truth: It probably happens when you look at Ansel Elgort, too.

feet

Oh, no. . . . You see your crush coming your way. When your mind senses stress, the fight-or-flight response kicks in and sends out adrenaline, which may make you want to run. Before you dash off to first period, remember: Your crush may be just as nervous as you are.

PLAY IT COOL

Even though you're freaking out on the inside, look completely chill with these three tips.

EMBRACE YOUR EMOTIONS

Knowing it's normal to feel like a hot mess can steady your nerves. Count to 10 and take a deep breath before chatting up the person you like.

STOP SQUIRMING

Whether it's your lip gloss or a coin, holding on to something in your pocket can calm you down and keep you from fidgeting.

HAVE A REAL CONVERSATION

The more you speak with your crush (Snapchats don't count!), the easier it gets. If you fear getting tongue-tied, practice scenarios with a friend.

by Sharon Liao Illustration by Samantha Hahn

ILLUSTRATION: SAMANTHA HAHN/WWW.SAMANTHAHAHN.COM


THAT JUST
BRUSHED
CLEAN
FEELING
after breakfast on the bus left you unprepared for Steve on the school steps.
Orbit
peppermint
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beauty pure and simple
HYDRATING
EXTRA STRENGTH
hydrate + repair
argan oil
of morocco
SHAMPOO
Repair dry, damaged, brittle tresses. This extra powerful formula with argan oil of Morocco and silk proteins helps to intensely hydrate and lock in moisture to give hair a second chance at silky perfection.
OGX
beauty pure and simple
REPAIRING
Argan Oil + Silk Protein = Super Hydration & Repair
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YOUR CIRCLE



HOW TO MAKE NEW FRIENDS

YouTube star **Tyler Oakley** spills his tips to finding besties for life.

as told to Lindsay Schallon

1 be real

Don't try to act like someone else. Why would anyone want to be with a replica instead of the original? It's exhausting when you have to put on an appearance. It's more important to be *you.*

2 join in

Get out of your comfort zone. In school, I met the most people when I did things like join Spanish club or try out for the musical—it led me to friendships that wouldn't have happened otherwise.

3 say hi

Why not? You may get the cold shoulder, but you might meet your new BFF. Or try a random act of kindness or a "Hey, you looked great today!" tweet. Little things can change someone's day.

ELGORT AND OAKLEY: ALBERTO E. RODRIGUEZ/GETTY IMAGES FOR VARIETY. ALL OTHER PHOTOS: INSTAGRAM.

TOUGH LOVE SPECIAL EDITION

advice from JOHN GREEN

The *Paper Towns* author tackles all your real-life romance Qs.
as told to Alex Abel



Q What is a surefire way to know if someone likes you?
–MARIAH, 16, WEST ORANGE, NJ

I hate to say this, but you have to use your words. In my experience, the best thing to do is just ask, "Do you like me?" That's how my wife and I got together. It can be awkward and uncomfortable and it's not easy. If you don't want to say it so directly, you can do something like ask them out for coffee.



Margo (Cara Delevingne) and Q (Nat Wolff) in *Paper Towns*, in theaters July 24.

Q My crush at school is kind of nerdy. I'm nervous my friends will tease me if we start dating. How should I handle it?
–RACHEL, 17, MIAMI, FL

If you like somebody, then go for it. If your friends are good friends, they will come to accept that person and see their great qualities, too. One of the things I love about being a nerd is that I get to be unironically enthusiastic. I don't have to be embarrassed by my passions and interests, and I think that's a really good quality in a romantic partner.

Q Sometimes I feel like all guys want is the chase, but how do you even play the game?
–MELISSA, 17, HOUSTON, TX

If you treat relationships as if they're a game and play a persona, you end up hurting yourself and the other person. It doesn't mean

SEVENTEEN.COM/JOHNGREEN Feel all the feels with John's most inspiring quotes.

GREEN: CHRISTOPHER PATEY/CONTOUR IMAGES. *PAPER TOWNS*: MICHAEL TACKETT.

anything if you trick somebody into falling in love with someone who isn't you. If you act authentically, things will work out. It might mean breaking up, but that's not the end of the world.

Q What do guys really think about girls making the first move?
–SARAH, 18, EAST GREENBUSH, NY

You get to see that she's the kind of person who's confident enough and interested enough in you to make the first move—and that's pretty cool. Any guy who thinks it's inappropriate for the girl to ask him out is probably not the kind of guy you want to be dating anyway. When I was in high school, I was always psyched if a girl asked me out. Whether it worked out or not, it always showed a little bit of moxie.

Q My BF and I are totally stuck in Netflix-and-takeout rut! Do you have any other ideas?
–ALANNA, 18, LOS ANGELES, CA

I'm a big believer in museum dates. There's something to look at, but it's not as distracting as a movie, so you can still chat. I went to high school in Birmingham, Alabama, so my go-to date was Waffle House and a movie, but you can definitely do better!

Q I found out my boyfriend kissed another girl. Now he's begging me to take him back. Should I?
–JESSICA, 19, PROVIDENCE, RI

I would just say no. There's no need to give a second chance. Life is too short. When you're young, there are many fish in the sea. Forget that guy.

Q I told my best friend that I liked him, and he was nice but rejected me. How do I recover?
–ANA LUCIA, 16, WEST STOCKBRIDGE, MA

I think you can get back to a normal state of friendship, but it can take a long time. It's okay to create some distance for yourself if you need to in order to feel better around him. Just know that you're awesome and that life and love are really complicated. Someone not liking you does not mean there is anything wrong with you. Everyone is worthy of love.

Q How do I let a guy down when I don't like him?
–ALISHA, 20, MERRICK, NY

It's just important to be honest. But make sure to be compassionate. Be clear that you don't want a romantic relationship with him, and he'll be okay. Many of my closest friends in high school and college were women who I'd once been interested in who weren't interested in me, and I got over that. It's just important to be respectful.

Q I'm stuck in the "hooking up" stage with this guy, but it's so up and down. How do I deal?
–BRITTANY, 21, CHARLESTON, SC

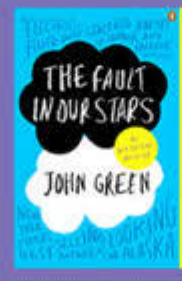
It depends on what you want. There's nothing wrong with doing that unless it's not what you're looking for. The most important thing is not to feel used and not to feel obligated to do stuff with someone who you don't think is interested in you in the same way. If you want more emotional intimacy than your partner is willing to provide, then it's probably best to go different ways.

Q How do you know when you're in love?
–CAITLIN, 18, DALLAS, TX

For me, being in love is not like an event or getting struck by lightning. It's a process. I've definitely experienced a huge crush at first sight, but that wonderful feeling of falling in love and feeling real trust and intimacy with someone that you're in a romantic relationship with happens over time. I probably said I love you to some girlfriends early on in eighth and ninth grade, but looking back, that was infatuation. That being said, I don't believe that the love that young people feel is different than the love adults feel.

WORDS TO LOVE BY...

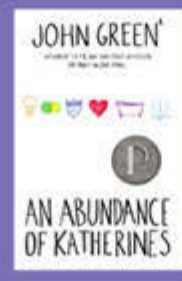
Steal sweet inspo straight from Green's must-reads



"You don't get to choose if you get hurt in this world… but you do have some say in who hurts you."



"Nothing ever happens like you imagine it will. But then again, if you don't imagine, nothing ever happens at all."



"You can love someone so much. But you can never love people as much as you can miss them."



"At some point, you just pull off the Band-Aid and it hurts, but then it's over and you're relieved."

#Momblems

Yes, you love her—but she can drive you nuts. Three girls vent about their hilarious mom probs. **by Chloe Chase**

"SHE HAS MORE TWITTER FOLLOWERS!"

My mom is a lawyer but also writes a travel blog. One day she decided she was going to use Twitter to promote it. I thought it was a little weird but figured she'd eventually get bored.

I was so wrong. After 10 weeks, she had 3,300 followers! That's literally 100 times more than I have. She's asked, "Is this normal? Why don't you have this many followers?" Honestly, it was because I didn't really do anything with my account.

My mom's strategy was simple: Follow people with similar interests, and thank them for following back. Such a mom thing, I know. But it worked for her.

The funniest part is that at the beginning she didn't understand what she was doing. She'd say, "I'm going to Twitter this." Once she even retweeted someone who wrote "IRL," and I'm pretty sure she doesn't know what that means.

As weird as it is to be the one asking her to put her phone down at the table now, I have to say I'm impressed. Who knew my 54-year-old mom would school me on social media skills? I guess anything is possible. **–Sarah, 18**



Sarah (@sarahfielding_, right) with her mom, Kim (@kimswidler). At left, one of their text exchanges.

"MY MOM STEALS MY CLOTHES!"



I'm extremely close with my mom. She's like my best friend—and sometimes she looks like it, too, because she's constantly raiding my closet.

We're currently in an argument because she borrowed one of my favorite jackets and lost it. She swore it was me who lost it, but it wasn't! The irony is that she thinks I'm going to ruin *her* stuff when I take it. She has no problem telling me when I can't borrow something, but I don't have the authority to do the same.

She's even borrowed my nicer clothes, like my prom dress. (She wore it to a charity event.) Once, she picked me up from a friend's house while wearing a top that friend had bought me! It was so awkward.

Even though the situation can be annoying, at the end of the day we joke about her wearing my things. Plus, it's always great when she does decide to share! **–Amanda, 17**

"MY FRIENDS THINK SHE'S COOLER THAN I AM!"

My friends are always telling me how cool my mom is. She works on a radio show, so it's literally her job to hang out with celebs. While I'm trying to make it through high school, she's getting VIP access to Coachella.

She's really popular, too. When my friends come over, I'll find them gossiping with her and it's like, "Okay, enough with my mom, let's go." I even had a superfan teacher who made me call her about a project I'd left at home, and they had a 15-minute convo—during class!



My mom does bring me to concerts sometimes, but once she interviewed my favorite comedian, Aziz Ansari, and didn't even tell me until afterward. I was so mad. Still, it's fun when we get excited about the same things. When Zayn left 1D, we had that "No way!" moment together. Pop culture makes it easy for us to bond. Plus, if she's a cool mom, I must be a cool daughter. **–Ava, 16**





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Hey, Girl

Shay's morning ritual? "I tell myself, out loud, 'Today is great.' Not 'It's *going* to be great,' but it *is*. I try to be a positive person."

POLO **M Missoni, M Missoni NYC store or call 212-431-6500 to order.**
PANTS **Barbara Bui, barbarabui.com.**
BAG **Paula Cademartori, paulacademartori.com.**
SHOES **Schutz, shop.schutz-shoes.com.**



ALL THAT

The *Pretty Little Liars* star defines #LifeGoals thanks to an amazing career, a tight-knit squad, and miles of self-esteem. Now her mission is to help you find your bliss.

By AMY SPENCER
Photographs by JASON KIM
Styled by JAMES WORTHINGTON DEMOLET

THE CRUSH ISSUE

Let's just admit it: We all have a girl crush on Shay Mitchell.

And it gets even bigger when you meet her. For the record, her hair is as shiny in person as it is on her Insta feed. When asked who designed her cozy light-blue sweater, Shay is that girl who leans over the table so you can peek at the label. (It's One Grey Day, and "It's so soft," Shay says.) Then there's the adorable fact that her parents, who are visiting from Vancouver, Canada, dropped her off for her interview at one of her fave L.A. cafes.

Best of all, Shay is just real, especially when she starts talking about not letting anyone tell you who to be. "We're all meant to do our own thing," she says. "Nobody else could do what I am doing, and I can't do what anybody else is doing. I'm just focused on being the best version of myself."

Getting to this point wasn't easy. As a kid, "I didn't flip the TV on and see a lot of girls like me," says the actress, who is part Filipino, part Irish, and part Scottish. She'd also compare herself to her classmates growing up in Canada, and in an attempt to fit in, she lightened her hair, wore blue contacts, and avoided the sun so her skin wouldn't get darker. Recently, she came across throwback photos and wanted to give her younger self a dose of adult Shay's amazing advice. "I wanted to shake her and tell her, 'No! You're perfect the way you are!' "

Shay finally started to embrace who she is after high school, when she began traveling as a model and seeing more girls of mixed ethnicities. She also started ignoring anyone who tried to pigeonhole her—which is why she tried out for the role of Emily on *Pretty Little Liars* even though the book version of the character had red hair and blue eyes. "Even today when I go into auditions, they could be asking for something completely different," says Shay, "but I'm still going to give it a shot, because you never know."

It's that adventurous spirit that keeps her busy. While she's wrapping up the seventh and final season of *PLL,* Shay is also developing her side hustle as a lifestyle guru. She teamed up with BFF Michaela Blaney to launch the blog Amore & Vita, which is dedicated to their passions, such as fashion, food, and wellness. The dynamic duo also cowrote the novel *Bliss,* out October 6.

On her own, Shay chronicles her travels for her YouTube series, *Shaycation,* which makes you wish you were her "plus one" in life. She has used her passport for philanthropy too. Last year, she worked with Free the Children in Africa and went to India with Raven + Lily, a clothing brand that finds job opportunities for women in 13 countries. In fact, empowering women is at the core of all she does. She named the styles in her Quay x Shay Mitchell line of sunglasses after Bond girls "because those are strong women." Plus the pieces in her new line of fitness gear for Kohl's (called Fit to Wander) come with motivational messages, such as "Capture Life," tucked away in the wristbands. Says Shay, "I want girls to know they can take on the world without a second thought."

She's ready to talk about how she's done it herself—and so much more.

First burning question: How is *PLL* going to end?

In my fantasy world, the girls are all happy running around in a flower field with no cell phones—although I don't think that's really going to happen. I'm very curious myself!

Okay, next question: Please explain your obsession with onesies.

You wouldn't see me wearing sweatpants, but you'd see me wearing a onesie. I find them so cute and comfortable! To be honest, I also love being naked.

Hold on—you love being naked?

I really do. I was a hippie child. I find the human body so beautiful. But it's not like I'm running naked down the street! I'm in my own house, and I always have a bathrobe really close to me because if there were an earthquake, I'd have to be able to run out with something.

Hysterical! Speaking of running, has playing Emily, who is so athletic, influenced you at all?

I'm more active than sporty. And being active isn't about losing weight. It's really more powerful



She's the One

Shay won't say whether she's single or dating ("I'm having fun"), but she explains, "When I'm in a relationship, if it ends, I remind myself I was okay before the person and I'll be okay after them."

TEE **Aéropostale, aeropostale.com.**
PANTS **Karen Walker, karenwalker.com.**
BRACELETS **(on left arm) WXYZ Jewelry, wxyzjewelry.com; (on right arm) Uncommon Matters, thecorner.com.**
RINGS **(on left hand) Arme de L'Amour, net-a-porter.com; (on right hand) A Peace Treaty, apeacetreaty.com.**
SHOES **Isa Tapia, bloomingdales.com.**



COAT **Shrimps, net-a-porter.com.** *TEE* **Aéropostale, aeropostale.com.** *EARRINGS* **Gemma Redux, gemmaredux.com.** *NECKLACE* **Meadowlark, meadowlarkjewellery.com.** *RING* **A Peace Treaty, apeacetreaty.com.**

than that. I feel my strongest after a workout. Not even just physically but mentally, too, because if you push yourself—"Okay, five more minutes"—then you're just like, "Yes, I did it!"

You have said that as a model, there was pressure to be super-skinny. What defines a good body to you now?

There is no such thing as a perfect body. It really is about being strong and confident in yourself. Girls are good the way they are. Celebrate being different.

Did your past experiences with looking different have any positive effects on who you are now?

One hundred percent. High school was just brutal, but it made me stronger. I've realized it really had nothing to do with me. Most bullies are just so upset and lonely that the only way for them to feel powerful is to take it out on somebody else.

Do you ever feel insecure?

I have my physical insecurities sometimes when there are dresses I can't fit into, but then I'm like, "Wait a minute. This wasn't custom fit for me." So I've let that go. I'm human. I go to the supermarket with a big zit on my forehead. But you know what? We all do, so why pretend that I'm any different?

Do you ever find that you compare yourself to another girl?

Yeah, I'd be lying if I say that I didn't—but at the same time, I'm still going to take a bite out of my pizza and not worry about it.

How has seeing the world helped you embrace who you are?

It broadens the mind so much. We live in a bubble. When you go to a new place, you are constantly looking around. You're learning all the time when you expose yourself to new experiences. When you get comfortable, you stop growing. You have to get out of your comfort zone.

Shay's Beauty Essentials

"When I'm not working, I don't want to wear makeup," says the actress, who keeps her off-camera look natural with these four products.



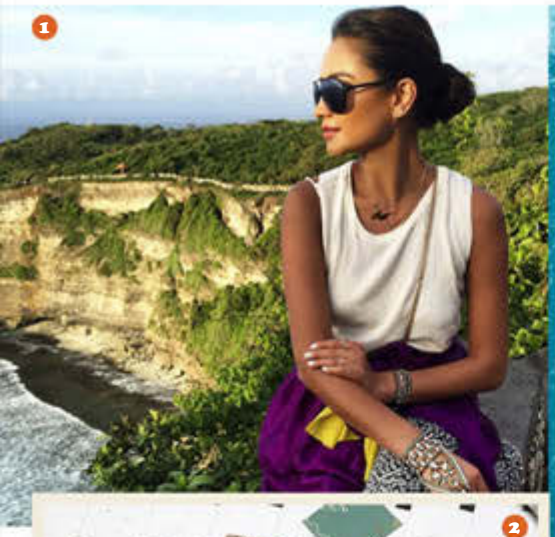
1 / Argan Oil
"I use it on my skin. I use it on my hair. I love when you can use something for more than one purpose."

2 / CoverGirl LashBlast
"I'm always so terrified of them putting an end to it, so I'll have, like, three packages at all times!"

3 / Jouer Moisture Tint
"It's a tinted moisturizer, SPF, and a light foundation. I put it on and I'm done."

4 / Buxom Lip Polish
"It's got that tingling feeling to it, because there is a little bit of a plumper. I like Mia. It's kind of like an orangey pink."

STILLLIFES: (MASCARA, FOUNDATION, AND GLOSS) COURTESY OF COMPANIES.





Her Insta Game Tho ...

Shay's feed is filled with inspirational quotes (poet @tylerknott is a fave) and OMG photos. But she admits she often takes 10 shots before getting one she likes: "Instagram is a highlight reel, not reality."

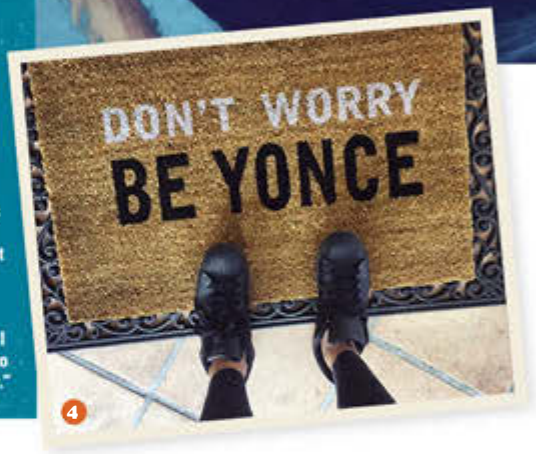
1 / Moment of Silence
"This was in Bali. We went to this temple and I felt so at peace. Skye, my videographer, took that. It was just the perfect capture. That wasn't even a pose."

2 / Shop Till You Drop
"My assistant Sammy took this of me in Marrakech. I'm obsessed with the rugs and pillows there. This was taken the last day we were going to be able to go shopping, so I went crazy and bought 20 of them. Sammy went up to the second level and said, 'You have to stop.'"

3 / Wet and Wild
"This is at my hotel in Marrakech. Sammy was holding my pinkie toe and dragging me across the pool, because I couldn't keep floating! Behind this photo, there are 500 where I'm practically drowning."

4 / Warm Welcome
"My friend at Lulu & Georgia, this amazing interior design company, got me this mat. No matter what's happened, when that's the first thing I see when I walk into my house, I'm happy."





On the show, Emily has a lot of relationship drama. How do you deal with that in your own life?
I don't like to have a lot of that. If I feel a relationship is starting to have more drama than happier times, it's not right; it's not meant to be.

So you break it off. . .
Yes. I have friends who like that drama. I'm not one of those people. If you're a suitable, positive partner, then great, I'd love to add you to my life. But I don't need anybody to feel complete. I don't need to be with somebody just to not be alone.

So who is in your core circle of friends?
I am so blessed to have a handful of solid friends in my life—ones I can tell my secrets to. I have my best friend since I was 10 years old, Joni. We went to elementary school together. We weren't the cool girls. I came to school for the first day, and I had braces and I had just gotten glasses. She had her own insecurities, and we became best friends. We've had ups and downs, but in a way, she's my soul mate. I look at all of my friends and women in general as sisters. It's tough being a girl! That's why we have to stick together.

Let's talk about your friendships with the *PLL* girls. You always say Ashley is like a little sister.
I'm wearing my Buttah-Benzo necklace! I got this made for us. I gave her one three days ago.

What do you like to do together?
We love to go and eat. She shows me different concoctions. Just recently she had a peanut butter and jelly sandwich and she put potato chips in it, and I've never had that before.

And what about Troian? Have you gotten any advice from her?
Troian is so talented and has so much drive. I remember she was writing a script; she was doing a play; she's always reading her book. I think that really did inspire me to start taking on more things, like the YouTube channel.

We can't forget about Lucy.
I'm so proud of her because of her singing career. It takes guts to go up onstage and belt it out!

In all of your videos and photos, you are so positive and happy. When do you cry?
When I feel like I've taken on so

SHAY'S CRUSHES



GUY CRUSH
Anthony Bourdain
"I watch him all the time. He's so interesting, and he's so daring."



GIRL CRUSH
Rihanna
"I love her because she truly is who she wants to be. And she sets her own trends."



FOOD CRUSH
Thai food
"I love green curry with shrimp and brown rice."



SHOW CRUSH
Scandal
"It's a tie between that and ***House of Cards***."



DRINK CRUSH
Alkaline Water
"I make spa water with it by throwing in strawberries or kiwi to add taste."



BOOK CRUSH
***The Fifth Agreement* by Don Miguel Ruiz and Don Jose Ruiz**
"It's a different perspective on looking at things."

"I want people to be happy with who they are and to not conform to be somebody else."

much and when I'm just tired. I have my bad days. Once I missed my flight, and we had to sit in the airport for 12 hours. I was crying. I was so upset. I have never missed planes! It could have been such a disaster, but we still went to Dubai and spent 24 hours there. I got to hang out with my friends [Gigi Hadid and Kendall Jenner] and that's what you have to remember. I just don't feel like I ever have it bad—the worst day I've ever had is probably somebody's dream. So when I do get down, I won't let it consume my day. I think it's good to cry, but it doesn't ever feel good to just mope around.

On a lighter note, what's your favorite way to unwind?
I love watching TV or a movie and eating in bed. I have this massive sheet I put on top of my bed because my sheets are white.

What do you eat?
I'll order a pizza. If there was a camera inside of my house, what you'd see would be very funny. But I think alone time is really important. We're always connected to our phones; we're always wondering what other people are doing and fear missing out. Should we go out just to go out? No. Your time is precious. It's important to regroup with yourself and just be like, "Okay, this is cool." I like to write down things I want to do or whatever I'm thinking. A lot of times, I'll burn the paper because I'm terrified of people reading it!

What makes you scared?
New experiences. But it's a good scared. I would always be like, "What's the worst that can happen?" But really, what is? I was at an event recently where I wasn't allowed to bring anybody.

So you had to go alone?
I had to go alone! And I realized if I was on my phone, no one would come and talk to me. But I saw Ashley Greene and Olivia Culpo, Nick Jonas's girlfriend. We all walked in and said the same thing: It was nerve-racking. But now when I walk into big rooms, even if I don't know anybody, I'm going to put my phone down and look up. Who knows where a conversation can take you?

Your lifestyle channel on YouTube has been growing. What motivates you to succeed?
There is nothing more satisfying than when I know I have attained something that I have had to work hard for. For example: my car. Since I was little, I was always obsessed with Range Rovers. I would tell my parents before I had my license that I was going to have a white Range Rover, and they're like, "Great! They're really expensive!" And they are. But I worked so hard for it for 10 years.

It wasn't handed to you.
And now that I have it, I take care of it, because it wasn't easy to attain. When some things are handed to you, you don't have the same appreciation for them. I don't ever want some guy—or anybody—to feel they can give me something and know they can also take it from me. If you want something, do it on your own. That way you don't owe anybody anything.

What's the one piece of advice that you really want everyone to hear?
I want people to be happy with who they are and to not conform to be somebody else. At the end of the day, it comes down to you. As long as you look yourself in the mirror and know that you can make anything happen, you're good to go.

BOURDAIN: DIMITRIOS KAMBOURIS/GETTY IMAGES; RIHANNA: JASON MERRITT/GETTY IMAGES. *SCANDAL*: © 2015 AMERICAN BROADCASTING COMPANIES, INC. ALL RIGHTS RESERVED.
STILL LIFES: (WATER) ELIZABETH WATT/GETTY IMAGES; (KIWI) GETTY IMAGES.



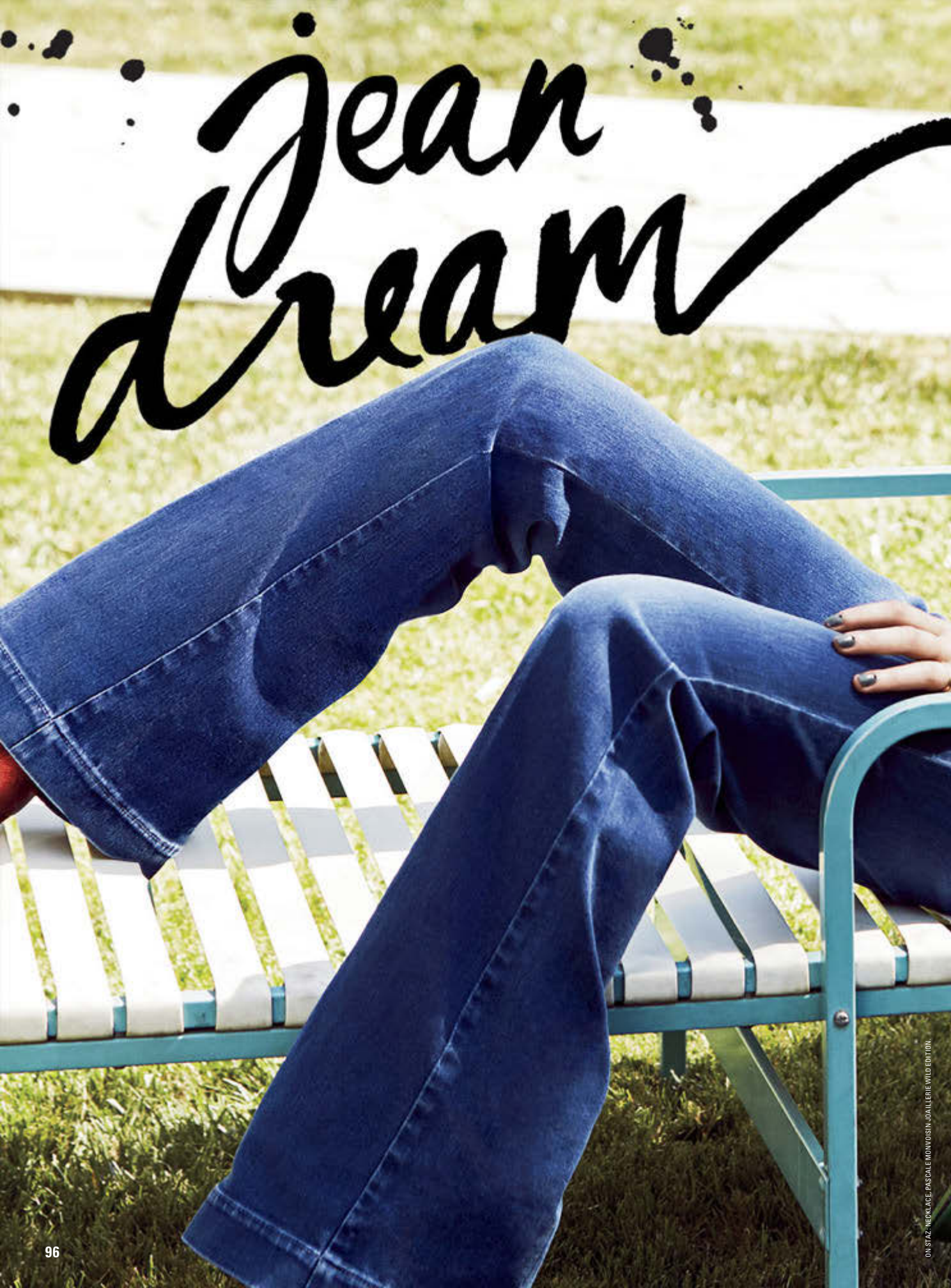
Life at the Top

"I feel more complete when I've given back and shared what I have with other people."

JACKET **Barbara Bui, barbarabui.com.** *TOP* **Jeremy Scott, jeremyscott.com.** *JEANS* **Denim & Supply Ralph Lauren, denimandsupply.com.** *EARRINGS* **Jack Vartanian, jackvartanian.com.** *RINGS* **(on pointer finger) Katie Rowland, shopbop.com; (on ring finger) Amanda Pearl, amandapearl.com.** *SHOES* **Aperlai, cliquechic.com.**

Hair: Mark Townsend for Dove Hair Care. Makeup: Darlene Jacobs for Lancôme at Starworksartists.com. Manicure: Stephanie Stone using The System by Formula X at Nailing Hollywood.

Jean dream



ON STAZ: NECKLACE, PASCALE MONVOISIN JOAILLERIE VITLO EDITION.



WHETHER FLARED, FRAYED, FITTED, OR JUST PLAIN FIERCE, THESE ARE THE NEW DENIM STYLES TO OBSESS OVER NOW.

PHOTOGRAPHS BY DEAN ISIDRO
STYLING BY JAMES WORTHINGTON DEMOLET

overall experience

This farmland staple morphs into a fashionista must-have thanks to a slimmer silhouette and flare finish. Just add jewelry and watch your #OOTD likes grow.

OVERALLS Stella McCartney, Stella McCartney NYC store or call 212-255-1556 to order.
WATERING-CAN CLUTCH Kate Spade New York, katespade.com.
ARM CUFF Alexis Bittar, alexisbittar.com.
COIL BRACELET Paula Mendoza, intermix.com.
RINGS (worn throughout), Lizzie Mandler Fine Jewelry, lizziemandler.com.
SHOES Hilfiger Collection, Tommy Hilfiger store or call 212-223-1824 to order.



dressed to frill

Pinterest-worthy embroidery and delicate pearls put plain denim on the A.P. (Advanced Pretty) track.

BODYSUIT AND JEANS
Alessandra Rich, net-a-porter.com



pattern play

Update your denim jacket with a patchwork version that vibes more '60s mod than '70s music fest. It will make any outfit a little more fun and you'll score a fashion victory.

JACKET Hilfiger Collection, Tommy Hilfiger store or call 212-223-1824 to order.
TEE Vans, vans.com.
SKIRT Misha Nonoo, mishanonoo.com.
NECKLACE Stylist's own.
SHOES Hilfiger Collection, Tommy Hilfiger store or call 212-223-1824 to order.

MODEL MOMENT

Name: Staz Lindes
Hometown: Santa Monica, CA
Instagram: @yostazyo
Blog: stazia.tumblr.com
Dream modeling job: "Working with baby animals. I haven't done it yet, but it would make me so happy!"
Favorite thing in her closet: "Anything of my parents' or grandparents'. I wear all my hand-me-downs with pride."



hang loose

Bored with skinnies? Our new designer crush, Matthew Dolan, reimagined classic wide-legged jeans with a surprising mix of ombré and fringe.

JACKET Coach, coach.com.
SWIM TOP Onia, onia.com.
JEANS Matthew Adams Dolan, openingceremony.com.
NECKLACE AND BRACELETS Pascale Monvoisin Joaillerie Wild Edition, pascalemonvoisin.com.
CUFF Stvdio Brooklyn, stvdiobrooklyn.com.
SHOES Giuseppe Zanotti Design, giuseppezanottidesign.com.



BEAUTY TIP

Berry-red lips (we love Chanel Rouge Coco in 430 Marie, $36, chanel.com) look effortlessly cool when paired with a bare face.

think big

Tossing a supersize jacket over your skimpier pieces adds a mega dose of style.

JACKET Matthew Adams Dolan, openingceremony.com.
SWIM TOP Onia, onia.com.
SHORTS American Eagle Outfitters, ae.com.
NECKLACES AND BRACELETS (LEFT ARM) Pascale Monvoisin Joaillerie Wild Edition, pascalemonvoisin.com.
CUFF Stvdio Brooklyn, stvdiobrooklyn.com.



well suited

This is not your average Canadian tuxedo: Super-polished tailoring gives denim on denim a more pulled-together look.

JACKET AND PANTS
Derek Lam 10 Crosby, Derek Lam 10 Crosby stores.
CROP TOP Guess, guess.com.

BEAUTY TIP

Play up your natural texture—a few spritzes of salt spray (like TRESemmé's Perfectly (un)Done Sea Salt Spray, $7, drugstores) are all you need.



rough around the edges

Not everything has to be perfect! The design duo behind Marques ' Almeida (which created this look) adds cool frayed trim in unexpected places.

JACKET AND PANTS Marques ' Almeida, marquesalmeida .com. *TOP* Siki Im, ssense.com.

Hair: Luke Chamberlain at Forward Artists using Sachajuan. Makeup: Kayleen McAdams for Ck One Color Cosmetics. Manicure: Stephanie Stone using Enamored Hi-Shine Nail Polish by Marc Jacobs Beauty at Nailing Hollywood. Set Design: Walter Barnett for Opus Beauty.

CRUSH ALERT!

HOT GUYS OF SUMMER

They're driven, sweet, and—let's be honest—freaking gorgeous. And just wait until you hear their thoughts on love and dating. You're about to go heart-eye crazy.

BY ALEX ABEL



Cameron Dallas

Age: 20
Hometown: Chino, CA

He's way more than just a Vine star. He's got new music, new movies, and a new radio show—but an old-school romantic side.

On making music "When I walked into the studio for the first time, I was cautious but open. I wrote 'She Bad' with my friend Tay. The inspiration was a girl who has it made but still goes out and hustles."

On finding a girlfriend "I look for a girl who can make me laugh, and if she's a little shy, I actually think that's really cute. When I feel comfortable with the person, I can get romantic. Once I spent 15 minutes trying to pick a perfect white rose for a girl before our first date. We ended up watching a movie in her living room with her dad."

DALLAS: BRYAN TESLAVA.

CRUSH ALERT!

YAZZ

Age: 21
Hometown: Overbrook, PA

The breakout actor plays a music superstar on *Empire.* His IRL alter ego is just as talented.

On his big break "I was supposed to be an all-star running back, but I broke my arm and stopped playing football. I was at home for months before trying music. I built an audience by traveling to high schools. I called and said I was a manager who had a really passionate artist. When I got there, I performed a couple songs and talked to the kids about following their dreams. I wanted to be a role model. I got noticed by my now-manager and a year later, he heard about *Empire.*"

On his relationship status "I'm dating. I like a smart, independent girl who's into her career. When I like a girl, I show her rather than tell her. Words get thrown around and misconstrued."

On why he doesn't use his real name, Bryshere Gray "Yazz is my middle name and I love it. My personal brand is YTG, which stands for You're the Greatest or Yazz the Greatest."

On his summer routine "I'll play basketball at the Boys & Girls Club and do healthy things. I'm all about staying fit. At night, I'll perform some of my records at a venue. Music isn't my main tool, but I still want to keep it relevant."

Anwar Hadid

Age: 16
Hometown: Malibu, CA



You already obsess over Gigi and Bella, but just wait till you meet their little bro.

On his sisters "They're my best friends. We think of Gigi as the brains in the family—something most of the world doesn't know—and my favorite thing about Bella is that she's a free spirit who never lets anyone set limits for her. They can be really protective, but they've taught me not to let other people define what I'm capable of."

On his crushes "I'm pretty shy, but if I like a girl, she'll know. Too many girls try to imitate others and don't think about what makes them unique. The best part of a girl is what makes her who she is as an individual."

On his future "I want to be an entrepreneur or work in the music business. My dad, who's a real estate developer, came from nothing, so his life is my model for self-made success. It's important for me to find happiness within my own possibilities."



MKTO

Malcolm Kelley Age: 23 Hometown: Long Beach, CA
Tony Oller (right) Age: 24 Hometown: Houston, TX

The BFFs behind "Classic" are back with more songs to blast with the car windows down.

On their second album "We've grown a lot. The next record is much more mature. We like to make our music relatable. We might come up with something at 3 A.M. and if we're singing it for a couple days, we'll bring it to the studio." **–MALCOLM**

On their new single "Bad Girls" "It's about a girl you don't want to bring home to Mom. She is rebellious and doesn't follow the norm, which can get you into trouble. We wrote it when I was going through a really weird relationship." **–TONY**

On over-the-top dates "If we travel, we'd take our girls with us, but I'm trying to keep it simple. If you're a guy who brings out the helicopter on the first date, how do you know she's really with you for you and not the helicopter?" **–TONY**



Cody Christian

Age: 20
Hometown: Franklin, IN

Cody is a lot like his *PLL* character: strong, protective, and totally unstoppable.

On giving it all "Growing up, baseball and football were a big thing for me. But as I got older, and my priorities shifted, I learned if I want to be successful in one avenue, I need to commit 100 percent of myself to it."

On playing Lucy Hale's younger brother "I love Lucy more than anything. She's an incredible woman and role model. I'll always ask her for advice, but I'm also trying to look out for her. I'm like, 'Who is this guy? How do you know him? Is he a good guy?'"

On staying in shape "I have a huge passion for bodybuilding. It's not only about making me stronger but also for developing the mind. If I get my head clearer, it's going to help me at work when I need to stay focused."

On a girl's most attractive quality "I love somebody who can live in the now but also plan for the later. Seeing her know what she wants to accomplish in five years is so sexy."

YAZZ: NINO MUNOZ/FOX. HADID: JACK GUY. CHRISTIAN: RICHARD WRIGHT/RWRIGHTPIX.COM. MKTO: SMALLZ AND RASKIND.



BOOBOO STEWART

Age: 21 Hometown: Los Angeles, CA

He plays a villain in Disney Channel's *Descendants,* but this guy is nothing but sweet.

On his first acting adventure "My father is an actor and stunt coordinator. I saw my older sister working with him and really wanted to give it a shot myself. Over time I fell in love with it. One of my first movies was *Skeleton Man*. I got tomahawked—it's when you get hit over the head with a hatchet."

On getting nervous "It was cool to be able to live in the musical fantasy world of *Descendants*. I have a background in music, but filming was still hard. Dancing is different when you're put on camera and people are staring at you. It's much more nerve-racking."

On his crew "I keep my close friends close and am very specific about who I let in. Sometimes people get success and new friends come in out of nowhere. At the end of the day, it's about who you can call to really talk. You know when you find those people."

On his ideal date "I usually just like watching movies, but I also love going to magic shows. They can be funny, so you get comedy *and* see things that blow your mind."

Charlie Puth

Age: 23
Hometown: Rumson, NJ

He went from YouTube to collabs with Wiz Khalifa and Meghan Trainor. Next up: his own sound.

On his musical start "I knew this girl who was really sick, and I decided to post a cover of a James Taylor song, 'You Can Close Your Eyes,' on YouTube for her. Everyone was talking about it at school. When I came home, I had a bunch of comments and got 1,000 subscribers overnight. It made me want to do more stuff like that."

On how he'd get a girl "I'm goofy, so I'd send her a ridiculously oversize teddy bear she can't fit through the door—really inconvenient but sweet at the same time. I can like anyone as long as she has a sense of humor."

On his fall album debut "I wrote and produced all the songs. I'm inspired by the old classic guys and Bruno Mars. I'm in love with soulful music. It's what I grew up playing."

On his best prank ever "One day I wanted to go home from school really badly. I went in the middle of the hallway and just mimicked the sound of the bell with my mouth—and everyone left! Even the teachers were getting in their cars. I got in *so* much trouble—but it was worth it."





Martin Garrix

Age: 19
Hometown: Amstelveen, Netherlands

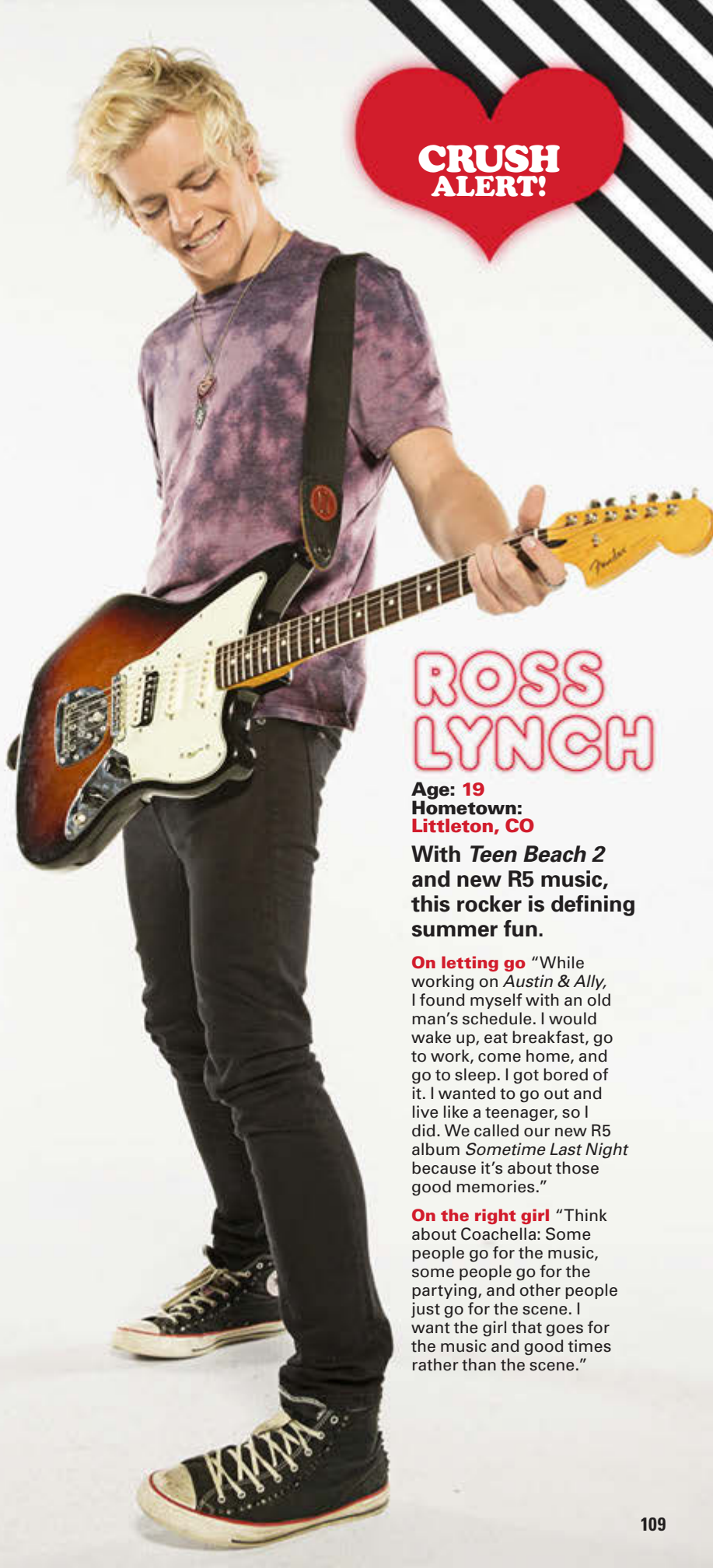
This must-see DJ with an upcoming album is so cool he's worked with Usher and Ed Sheeran.

On the best part of deejaying "It's amazing to make people happy doing what you love. One time I saw a guy at a show with a sign that said 'We're engaged because of you.' I asked him to come backstage and he told me he never had the guts to propose but after a show he was so happy, he did it."

On his relationship goals "The most important thing is a girl with a great personality who is fun. I want someone who is my buddy and I can just hang out with. I like when a girl is herself too, not fake. But my main focus right now is my career. That sounds selfish, but there's so much happening. I don't know what will come next."

On his food musts "I love bananas, watermelon, passion fruit, pineapple, like every vegetable and fruit. But my favorite is In-N-Out Burger. I wish it was available everywhere in America. It doesn't matter if I've flown 13 hours—it's the first thing I get when I land in L.A."

On how he unwinds "There's a small lake in the Netherlands that's very close to my house, and I went to sailing and windsurfing school there for about five years. I'll go wakeboarding in the summer or just have fun with friends and Jet Ski. I love being on the water."



CRUSH ALERT!

ROSS LYNCH

Age: 19
Hometown: Littleton, CO

With *Teen Beach 2* and new R5 music, this rocker is defining summer fun.

On letting go "While working on *Austin & Ally,* I found myself with an old man's schedule. I would wake up, eat breakfast, go to work, come home, and go to sleep. I got bored of it. I wanted to go out and live like a teenager, so I did. We called our new R5 album *Sometime Last Night* because it's about those good memories."

On the right girl "Think about Coachella: Some people go for the music, some people go for the partying, and other people just go for the scene. I want the girl that goes for the music and good times rather than the scene."

STEWART: DISNEY CHANNEL/BOB D'AMICO. PUTH: CATIE LAFFOON. GARRIX: PIPER FERGUSON. LYNCH: JOHN RUSSO.



LOLLIPOP LIPS

Throw a party on your pout with a juicy swirl of color. Swipe a few bright hues randomly on your lips in different spots and blend them into one another with a brush. For a hard-candy finish, top with a clear gloss (like Lancôme Juicy Tubes in Pure, $18, lancome-usa.com).

DRESS
Whistles, whistles.com



Get your sugar fix with these sweet summer trends inspired by your favorite treats. Trust us, you'll go back for seconds.

by **MADDY ZOLLO**
photographs by **JAMES MACARI**
styled by **JAMES WORTHINGTON DEMOLET**
candy sculptures by **MASSIMO GAMMACURTA**



A GUMMY-BEAR BARRETTE AND A SPRINKLE MANI?!? DYING OVER THE CUTENESS.

Toppinz Candy Barrettes by Arieland Lauren, **$14**, toppinz.com; Jamberry Sugar Rush Nail Wraps, **$15**, jamberrynails.com

TOP **Daniel Silverstain, danielsilverstain.com.**
RING **Robert Lee Morris, robertleemorris.com.**

COTTON-CANDY TRESSES

No matter what your skin tone or hair hue, you can totally rock pastel locks. Blondes, try a rinse-out dye (like Garnier Color Styler Intense Wash Out, $8, drugstores) or hair chalk. Got darker strands? Rock a commitment-free wig or clip-in pieces (like Splat Hair Extensions, $7, totallyhaircare.com).



JACKET **Filles a Papa, fillesapapa.com.**
TANK **Armani Exchange, armaniexchange.com.**



FRUIT-STRIPE LINER

Up your cat-eye game with a two-toned effect. Line your upper lids with white liner (try Jordana Color Envy Waterproof Liquid Liner in Star Glam, $3, jordanacosmetics.com), then take a lilac liner (such as Jane Cosmetics Water-Resistant Liquid Liner in Bright Purple, $8, janecosmetics.com), and layer it over small evenly spaced sections of the white for a striped style.

SHIRT **The Kooples Sport, The Kooples Soho 115 Mercer Street store.**
EARRINGS **Meadowlark, meadowlarkjewellery.com.**

MODEL MOMENT

Name: Jessica Strother
Hometown: Granada Hills, CA
Instagram: @jessicaannstrother
What's your fave thing to do in summer? "Listen to indie music on a float in a pool."

MODEL MOMENT

Name: Alecia Morais
Hometown: Praia, Cape Verde
Instagram: @alecia_morais
My dream lip gloss would taste like . . . "Kit Kat! It's my favorite candy."



JELLY-BEAN LIDS

Sorry, smoky eyes: It's all about a bright gel-like finish right now. With a creamy colored liner (like NYX Cosmetics Jumbo Eye Pencil in Baby Blue, $4.50, nyxcosmetics.com), outline your lids from inner eyes to above the crease and all the way to the outer corners. Then fill in the shape.

JACKET **The Kooples, The Kooples Soho 115 Mercer Street store.** *TEE* **ASOS, asos.com.** *JEANS* **House of Holland, houseofholland.com.** *EARRINGS* **Mu-Yin Jewelry, muyinjewelry.com.** *CUFF* **Moxham, moxhamstore.com.**

Hair: Thomas Dunkin at Bridge. Makeup: Morgane Martini for Chanel at The Wall Group. Manicure: Julie Kandalec at Bryan Bantry Agency using Dior Le Vernis. Hair color: Aura at Lalaland Artists.



"I am proud to be my father's child and I would never ask for another dad," says Danielle (at home with Sallydan).

my transgender DAD

Becoming Us star **DANIELLE, 18,** admits she didn't have an easy time when her dad started transitioning. But through it all, one thing never changed: their love for each other.

As told to LINDSAY SCHALLON

Photographs by MATTHEW GILSON

I never really gave much thought to what the word *transgender* meant until the day my dad, Dan, picked me up from school dressed as a woman and wearing makeup. I was 9 years old—and I was confused.

Shortly after that, my dad told me that he* didn't feel like the gender he was born—that he was transgender. All I remember is that the word smacked me in the face. *Why couldn't my dad be like everyone else's? Did I still have a dad or did I have two moms now?* The first thing I asked him was, "Do you want me to call you Mom?" He told me I can always call him Dad because he is my dad and would never take that away from me. I was young, which I think helped me have an open mind about what was happening. Still, everything was different after that.

I felt a lot of things: hurt, frustration, shock. But more than anything, I felt a crazy amount of love for my dad.

big changes

My parents ended up getting divorced when I was 10—and that's when everyone started finding out that my dad was transgender. Some of the moms in my Girl Scout troop stopped letting their kids come over to my house. That moment was when I felt different for the first time—like my family was abnormal and strange. Some of my close friends weren't even allowed to see me anymore. But I also experienced how accepting people can be. The day I told my troop about my dad, one of my friends called me that night and was like, "I think it's okay." That was incredible.

At a time when everyone was desperately trying to fit in at school, I couldn't have stood out more. I was the girl whose dad had long hair and pierced ears. Once, at a school open house, some kids saw that my dad's nails were painted red, and they started making fun of me. There was nothing easy about having to deal with that throughout middle and high school. But my dad did try to make it less difficult for me. He decided to always dress as male to school events so my classmates would be nicer to me. A part of me felt relieved because I didn't have to deal with all of the stares and whispers, but another part of me felt really bad that he was trying to fit into a mold just for me.

opening up

I never really tried to explain what my dad was going through to the people at my school—it was exhausting. But there were people I could openly talk to, including my dad. He was willing to discuss anything emotional I was going through, but he could be sensitive when it came to things related to his appearance—like if I commented that he was wearing too much makeup. My mom was also an

GROWING UP DANIELLE...











1 With her dad on her first day of kindergarten. **2** Danielle, at age 17, with mom, Mandy, and Sallydan. **3** Dad-daughter bonding before freshman homecoming. **4** Sallydan in a scene from ABC Family's *Becoming Us*. **5** During an episode from the show, Danielle and Ben, her costar, have fun at his photo exhibit.

amazing support, and I did have a group of friends who was always there for me and had my back. But it was still a challenging time for me. It's hard to go through such a change with a positive attitude when everyone else is being so negative. I felt a lot of things: hurt, frustration, shock. But more than anything, I felt a crazy amount of love for my dad. Some people only saw him as transgender or weird. But to me, he was still the person who loves getting everyone together for huge holiday dinners. (He will *always* serve honey-baked ham.) I would never let hate or fear or other people's negativity—or a little bit of red nail polish—take that away from me.

He's my dad.

the next chapter

Today, our relationship is strong. My dad goes by Sallydan now. I don't know how I feel about the name, but I do know that I'm happy he's coming out more. I'm still getting used to the pronoun thing, though.

We both love clothes so we go shopping together. It's something for us to bond over. I help him pick out outfits—I told him about the clothing brand Free People, and he loves it. Once we even went shopping for bras together. Truthfully, that was awkward. I think we'll stick to shopping for shoes! Honestly, this wasn't how I imagined spending my teen years with my dad—it's better.

I'm entering a new time in my life, too. I'm attending college in Chicago, where I'm studying art. It's exciting, but it also means there's a new set of people who will have questions about my dad. Whenever he comes up naturally, I talk about his transition, but I don't feel like I have to go out of my way to bring it up. Parents aren't the first topic teenagers talk about, and that shouldn't be any different for me. If I decide to bring a guy home, I'll explain that, yeah, my dad is transgender, and her name is Sallydan—but she's still going to be scary protective of me.

Going through this has shown me that there's always someone who isn't going to agree with what you're doing or who you are, but to choose to be yourself is the bravest thing you can do. We're all changing. My dad is changing. I am too. But some things will always be the same. My love for my dad is forever.

After all, she's my dad.

**EDITOR'S NOTE: After consulting with Danielle and Sallydan, we didn't change the pronouns used during our interviews.*



"I don't miss my dad as Dan—he was always bitter and angry. As Sallydan, she's a happy, loving person, and I feel closer to her," Danielle says.

WHAT TO KNOW

If you have a friend or family member transitioning, Danielle has some helpful advice.

- "Use the pronouns that person uses. Remember: It might not be *he* or *she,* if the person is newly transitioning; it might be *they.* It's okay to ask if you aren't sure."
- "If you accidently use an incorrect pronoun, don't be embarrassed. It's your effort that shows the person transitioning that you truly care and want to be supportive."
- "If you see someone dressed differently, don't stare, take photos, or make fun of them. Think about how you would feel if someone did that to you."

"GROWING UP DANIELLE . . ." PHOTOS: (TOP PHOTO) COURTESY OF DANIELLE AND SALLYDAN; (ALL OTHERS) ABC FAMILY/JEAN WHITESIDE.

LIFE

WONDER WALL

When painting is a no-no, peel-and-stick paper adds personality without ruining your walls. Plus, a pattern or color makes the ceiling feel higher!

STAMPED-TRIANGLE REMOVABLE WALLPAPER PANELS Chasing Paper, **$35** per panel, chasingpaper.com

LIGHT SHOW

String lights are a dorm-room must. These eye-catching bulbs spread the glow and give you a fresh way to add color.

OCEAN-BLUE LIGHT STRING Bright Lab, **$40** for 24 balls, brightlablights.com

MODEL MOMENT

Name: Gemmy Quelliz
Hometown: Santo Domingo, Dominican Republic
Instagram: @GemmyQuelliz
Fave place for inspo: "Nature! The ocean, the mountains . . . I love anything that makes me feel connected with the earth."

WHITE NIGHT

A pale comforter may seem blah, but when boredom strikes, you can change the whole theme just by swapping out pillows or sheets.

HUDSON STREET PINTUCK PLUSH COMFORTER SET Wayfair, **$92** for twin, wayfair.com. *"BUT FIRST, COFFEE" PILLOW* Dormify, **$29,** dormify.com. *JACQUARD-WEAVE CUSHION COVER* H&M, **$18,** hm.com. *MULTICOLOR FLOWER CUSHION COVER* H&M, **$10,** hm.com.

PHOTOS: ALISON GOOTEE/STUDIO D. FASHION EDITOR: AEYUNG KIM. HAIR AND MAKEUP: JANEIRO USING CHANEL LES BEIGES. ON GEMMY: ROMPER, JOE'S; TEE, PAIGE DENIM; SHOES, JOE FRESH. PROP STYLIST: ERIN SWIFT. DESK, POPPIN; OWL LAMP, THE LAND OF NOD; THROW BLANKET, DORMIFY; DESK CHAIR, WEST ELM; BED FRAME, TARGET.

YOUR CHEAT SHEET TO...

the cutest ROOM EVER

Small space cramping your style? Homepolish designer **SHELLY LYNCH-SPARKS** shares her best hacks for making your dorm or bedroom feel bigger and brighter.

by **ALEX ABEL**



COOL TOUCH

You need to feel totally relaxed in your room. Blue tones release calming energy, so you'll go into chill mode the second you walk in the door.

MAGIC CARPETS

Placing a rug at the base of the bed will make the room seem bigger, especially if there's a pattern to draw your eye out. Layer two to turn up the effect!

STEVEN ALAN ARROW BORDER COTTON KILIM RUG West Elm, **$129** for 3'x5', westelm.com. *SHEEPSKIN RUG* IKEA, **$30**, ikea.com.

BEDSIDE MANNER

1) Bed Risers Meet every college student's BFF. They create underneath storage space, plus these risers have outlets so you'll never freak over a low battery warning again.

7-INCH POWER BED RISERS
Bed Bath & Beyond, **$30** for a set of four, bedbathandbeyond.com

2) Nightstand If you have space for one, make it multipurpose by choosing a mini trunk you can also fill. Top it off with fresh flowers for added warmth.

CUBE TRUNK Dormify, **$169**, dormify.com.
PURE WHITE CERAMIC VASES
West Elm, **$10–$89**, westelm.com

3) Pocket Sheets Game changer! Store your glasses, phone, and notebooks without getting up or throwing them on the floor.

ROOM ESSENTIALS MICROFIBER SHEET SET WITH STORAGE POCKET
Target, **$15** for twin XL set, target.com

4) Baskets If they're visible, they should be pretty. Use them to stash away loose or bulky items.

LARGE CROCHET BINS The Container Store, **$35** each, containerstore.com





DESKTOP DESIGN

1) Mirror Position a mirror (any size!) on the back of your desk to reflect light and space. It tricks the eye into thinking the room is bigger.

STAVE MIRROR IKEA, **$30**, ikea.com

2) Tray Think of it as a small room's secret weapon—everything is at your fingertips, but when it's homework time, you can clear your table top in seconds. Bonus: It turns into a snack holder when your hallmates visit.

DENY DESIGNS DECORATIVE TRAY
Target, **$55**, target.com

3) Beauty Organizer Whether you're a lipstick hoarder or not, it can be hard to keep your makeup neat. A clear stacked option lets you see what you have while keeping things in their place.

CRYSTAL COSMETICS STACKING ORGANIZER & DRAWERS The Container Store, **$17–$20** each, containerstore.com



ALL DRESSED UP

1) Gallery Wall No need to clutter your dresser with frames: Put up a few choice prints, and use a roll of washi tape to show off your Instas—you can bring in color and change the pics often.

SYNCHRONIZED SWIMMER AND FLAMINGO ART PRINTS
Rifle Paper Co., **$24** each for 8" x 10" size, riflepaperco.com.

2) Jewelry Display Don't hide all your precious bling in a box: Prop some pieces on top. Hang necklaces on stick-on wall hooks and attach a frame around them (with Command tape). You'll turn your baubles into a work of art!

COMMAND CLEAR JEWELRY RACKS
Command Brand, **$8** each, command.com.
BISGO PRISM STOCKHOLM OFFICE STORAGE BOX The Container Store, **$10** for letter-box size, containerstore.com.


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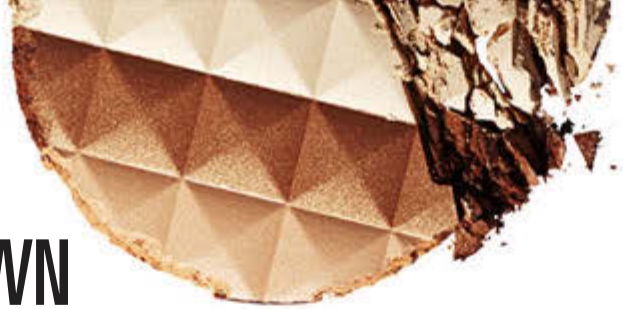
TRAUMARAMA

Everyone has humiliating moments!



OVER THE EDGE

"I was on a movie date with a new guy I really liked. He got a giant tub of popcorn with butter and salt—my fave—for us to share, which we put in between our seats. As the movie was starting, I reached over to grab some popcorn, but as I took my hand out of the tub, I accidentally knocked it over! I reached over to try to help pick it up—but then realized I was touching his um, area, and shot my hand back. My face felt so red, I was sure he could see it in the dark. The Oscar for Most Awkward Two Hours of Life goes to . . . "



MAKEUP MELTDOWN

"I was sick of being pale, so I piled on the bronzer for a night at my friend's house with my crush. We put on a movie, and I leaned on his shoulder during it. It was so cute! But at the end when the lights came on, people started asking him what was on his shoulder. I freaked—a ton of my makeup was on the side of his white button-down! Everyone obvs knew why. It was the worst."

NOT MY TYPE

"One weekend, I texted my new friend Rose to hang out. But right afterward, I got a bunch of responses demanding to know why I'd stopped talking to her. It turned out I'd actually texted *Ross*, a guy I dated briefly a year before! I've never deleted a number so quickly!"



BLOODBATH

"I was at the gym one day, and my crush was also working out a few feet away. I was running on the treadmill pretty intensely to show off a little. I felt my nose starting to drip, so I just wiped it on my shirt casually, but my crush glanced over and gave me a weird look. When I touched my nose again, I noticed it was *bleeding*! I almost face-planted getting off the treadmill and running to the bathroom. My nose and I are still in a fight about it."

MAJOR SIDE-EYE

"I was in this really trendy coffee shop in L.A. on the way to meet a friend. As I waited to get my coffee, I saw people staring at me. I was so confused—I thought I looked decent at least! I decided to go to the bathroom, and when I got there, I saw that almost the entire side zipper of my dress was open, showing my underwear, bra, and all! I just zipped it right up, grabbed the coffee, and ran like the wind!"

CELEB TRAUMA!



–EVA GUTOWSKI, YOUTUBER (@MYLIFEASEVA)

PROMOTION

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MAIN PHOTO: SEAN SCHEIDT/THELICENSINGPROJECT.COM. (MODEL USED FOR ILLUSTRATIVE PURPOSES ONLY.) STILL LIFE: (BRONZER) J MUCKLE/STUDIO D.

HOROSCOPES

By Sally Brompton

Aquarius

Jan 20–Feb 18

Still stalking your ex on social, Aqua? Two things: 1) This is never the path to happiness. 2) You deserve so much more! Thankfully, Venus will expand your circle this month, bringing new people into your life and deepening the friendships you already have. You'll be over your last love before you know it. *Really.*

Pisces

Feb 19–Mar 20

There's something about a full moon that totally energizes a Pisces girl. When that big silver ball lights up the sky on the 29th, you'll feel ready to take on the world. Related style tip: Silver is definitely your color (it matches your sparkling personality, obvs), so wear it *any*time you need an instant boost of confidence!

Aries

Mar 21–Apr 19

You've been stoking the flames of gossip lately, but you'd better be careful or you *will* get burned. When the sun changes signs on the 23rd, a snarky comment you make online could go viral, and the target will come back at you hard. So be warned: Keep all comments light and friendly, or stay offline altogether!

Taurus

Apr 20–May 20

With Jupiter in the most dynamic area of your chart from the 11th, you'll be extra-busy and super-popular. That's the good news. The bad news is that you could burn out fast! No matter how many projects you juggle or party invites you score, you've got to schedule time to chill too. You *can* have it all—but not all at once!

Gemini

May 21–Jun 20

Your crew can usually spot you from miles away because of your cute bright clothes and makeup. But when your ruler, Mercury, is strong on the 7th, you'll have the urge to pare down and rock a more au naturel style. Your fresh-faced look will not only feel amaze, but it'll also catch the eye of a total hottie. Win-win!

Cancer

Jun 21–Jul 22

So you have a rep for being kind of picky when it comes to love. All you want in a bae is good looks, brains, and a wicked sense of humor. Is that so much to ask?!? Not anymore, Crab. On the 15th, Pluto and Mercury will unite to introduce you to someone who has all the traits you're looking for and more. Holla!

Leo

Jul 23–Aug 22

On the weekend of the 29th, Mercury will inspire you to peel yourself away from Insta and do a social-media detox while the weather is still gorge. Before objecting, try to picture it, Leo: You and your besties lounging by the pool with just ice-cold smoothies, a stack of juicy beach reads, and sweet summertime tunes. *Ahhh. . .*

Virgo

Aug 23–Sep 22

OMG, Virgo. Did this summer fly by or what? Most years, you would have had your entire back-to-school wardrobe locked and loaded by now, but you haven't even started shopping yet. Don't. Panic. On the 11th, Jupiter will swoop in to help you plan, shop, and organize your closet in record time.

Libra

Sep 23–Oct 22

You know that guy you've been stringing along for a while now? The one you flirt with over text—but keep at arm's length in person? Another girl is into him, and on the 15th, she'll be ready to make her move. If you like him, it's time to let him know. (If not, do them both a solid and set him free!)

Scorpio

Oct 23–Nov 21

When your BFF has a problem, she loves to get your feedback first because you're right, like, 99.9 percent of the time. (Duh.) But with Saturn in your sign on the 2nd, any advice you give her will come off as super-controlling. To avoid bad vibes, you'll need to let her sort this one out for herself!

Sagittarius

Nov 22–Dec 21

After having such an epic break, your squad is seriously starting to dread BTS. Luckily they have you—the zodiac's ray of sunshine—to brighten everyone's mood. On the 13th, the stars will send you a bunch of cool hangout ideas for the rest of summer *and* the start of fall. The fun is just beginning!

Capricorn

Dec 22–Jan 19

After the 8th, a friend will contact you about an awesome part-time job opportunity. Bonus: With Mars in the money area of your chart now, you have the potential to earn a *ton*. You could even collect enough cash to take that big trip you've been dreaming about forever. Bon voyage!

LETTERS ILLUSTRATION: SAMANTHA HAHN/WWW.SAMANTHAHAHN.COM. GET YOUR IN-DEPTH HOROSCOPE AND MORE AT SALLYBROMPTON.COM.

Illustration by Samantha Hahn

FREEBIES!

YOU COULD WIN THIS OUTFIT!

One winner scores this look from the *Seventeen* Fashion Collection at Sears!

17SEARS



MAIN PHOTO: LAUREN PERLSTEIN/STUDIO D. FASHION EDITOR: AEYUNG KIM. HAIR: DEBORAH BRIDER FOR CUTLER/REDKEN SALONS AT THE WALL GROUP. MAKEUP: FRANCISCA SAAVEDRA AT NEXT ARTISTS USING CHANEL VITALUMIÈRE AQUA FOUNDATION. ON MARTINE: JACKET, TOP, AND SKIRT, *SEVENTEEN* FASHION COLLECTION AT SEARS; EARRINGS, LADY GREY; RINGS (RIGHT HAND), ARME DE L'AMOUR; (LEFT HAND, POINTER FINGER) FLACA JEWELRY; (RING FINGER) DANNIJO. SNEAKERS, SUPERGA.

MODEL MOMENT

Name: Martine Fox
Hometown: Anchorage, AK
Instagram: @martine_fox
What she'd do if she wasn't modeling: "I would love to play college basketball for UCLA, and I would study business or marketing."

MORE COOL GIVEAWAYS

Pony Up
25 winners get a hair-tie set from Haybands
STUD

Glam On
10 winners snag a six-month subscription to BoxyCharm
BEAUTY

So Clutch
5 winners receive a card case from O-Venture
HOLD

HOW TO ENTER: Starting June 30, log on to **seventeen.com/freebies** to find all prizes from this issue. Enter your info and the code word in yellow to be eligible for a chance to win. Each Freebie will be live through August 10. See right for rules.

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HOW TO ENTER THE KOHL'S GIFT CARD GIVEAWAY SWEEPSTAKES (page 10): **NO PURCHASE NECESSARY TO ENTER OR WIN.** Sponsored by Hearst Communications, Inc. Beginning June 30, 2015, at 12:00 A.M. ET, through August 10, 2015, at 12:00 A.M. ET, go to **seventeen.com/freebies** on a computer or wireless device and complete the entry form pursuant to the on-screen instructions. Important Notice: You may be charged for visiting the mobile Web site in accordance with the terms of your service agreement with your carrier. Odds of winning will depend upon the total number of eligible entries received. Three (3) Winners will each receive a gift card from Kohl's, which they may use to purchase pieces from Shay Mitchell's fitness line, Fit To Wander; approximate retail value: $100. Total approximate retail value: $300. Open to legal residents of the 50 United States and the District of Columbia, ages 13–29 in their state or territory of residence at time of entry. Legal residents of Canada (excluding Quebec) who have reached the aforementioned age in their province of residence at time of entry are also eligible to enter. Void in Puerto Rico and where prohibited by law. Sweepstakes subject to complete Official Rules available at **seventeen.com/freebies**.

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MYADVICE

LEANDRA MEDINE

The author and creator of Manrepeller.com says don't be afraid to break from the pack.



"Manrepeller.com isn't about what you 'should' wear; it's about using fashion to express who you are and feeling good about that!"

My friends were the mean girls in high school—they were catty, always fought with each other, and tended to try to make me feel like the worst version of myself, often succeeding. I frequently got sucked into their pettiness. Once, after I'd gone to sleepaway camp with one of the girls, she asked me to bring home her Rollerblades for her. When I showed up at school with them to give them back, she yelled, "I'm not going home after school today—how could you bring these to me?!? That's so rude. I never want to talk to you again." I was like, "I did you a favor. Just say thank you and put them in your locker!" The rest of the girls took her side, saying, "Honestly, I would have reacted the same way."

I came home that day and cried to my mom. I told her if I wanted to feel happy, I knew I couldn't be friends with them anymore in spite of the social currency at risk. Even though they were the "cool girls" and I knew I was forfeiting my "position" at school, I had to prioritize myself and my peace of mind. So I did it: I stopped hanging out with them at school, I stopped making weekend plans with them, and slowly, I formulated a new group of friends—two girls who are still my best friends today. One had recently transferred in and I knew from camp, and the other had just switched schools and lived really close to me.



"My parents taught me to respect myself and trust myself," says the native New Yorker (at age 19).

Back then, I didn't realize what a bold move it was for a high school freshman to completely reconfigure her social circle. But the sooner you learn that you can take control of an uncomfortable situation, the better. There's always a choice, but if you don't make it, someone else will decide it for you—and that's terrible. So if the pack you're with isn't working for you, stop following them. Homogeny never fixed anything, and it doesn't create things that are special or unique. Knowing who you are—staying tuned in to the frequencies of your mind and what makes you happy and gets you excited to wake up in the morning—does. So take your life in your hands, be confident, and you will achieve whatever you want to achieve.

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